CASA INGLESA info@casainglesa.com

Almost a legend. Since 1922 Portimão's most authentic "meeting place". The heart of Portimão, everyone meets here for: coffee & cakes, snacks, lunches & dinners on large sunny terraces, or restaurant. Specialises in dozens of irresistible regional cakes, almond sweets & pastries etc. Lunch from €3.75. **Go upstairs to the fabulous 1900's coffee shop. Free Internet Hotspot inside & out!** Open all day, everyday. (1)

COPPER KETTLE Tel. 282 427 858

Kevin & Sandi welcome you! Established for over 25 years. Offers great Traditional home-made English food. **Full 'All Day' English breakfast,** pies, fish & chips, liver & onions, bangers & mash. A wide selection of snacks. **Great value for all the family. Famous for award winning home-made scones, pots of PG Tips or Nescafe. Fully Licenced.** Open 10am - 6pm/flexible. Off main shopping street, left at Stone Wheels. (2)

WINE BAR English Pub (3)

Great Bistro - lovely atmosphere. All home cooking. **Famous for their award winning haddock & chips & English breakfast.** Specialities: chicken chasseur, pies, vegetarian dishes, steaks & scrumptious puddings. Closed Sun. Tel. 282 485 296.
Wir bieten Deutsches Menu an.

PIRATE SHIP "SANTA BERNARDA"

Cruise on this traditional, marvellously restored 25m wooden sailing vessel. Cave expedition, coast trips & beach BBQ. **100% Pure relaxation! Don't miss it!**
Unvergeßliche Bootsausfluege auf liebevoll restaurierter 25m Holz-Segel Caravelle. Grottenexpedition, Küsten Fahrten und Strand-BBQ. Tickets an der Hotel reczeption oder stand in Hafer. Tickets at your Hotel reception or stand in the harbour or from office: Rua Judice Fialho #6. Tel. 967 023 840. www.santa-bernarda.com (90)

RESTAURANTE & SNACK BAR DO CAIS AT THE NAVAL CLUB (6)

Elegant dining or chill on magnificent terrace & watch the stunning Atlantic & river view! Excellent value Chateaubriand €27 for 2, inc. potatoes & veg. Prices so reasonable, the Portuguese are regulars. Chef Inácio, delights with luscious specialities: goat cheese gratin, monkfish & saffron rice, lamb carré, Mediterranean pasta etc. Open noon-3pm, 7-11pm, closed Mon. Tel. 282 432 325.
SNACK BAR DO CAIS: Their snackbar, with same stunning view. Best sinful treat: Giant "tosta mista" toasted sandwich or "torrada" toast on home-made bread! Say "caseiro" (home baked) for both. Huge snack list. 9am-midnight. **Very popular with locals.** From Portimão walk towards Rocha along waterside promenade, until you see the blue Naval Club building or from the Rocha marina roundabout go straight towards Portimão, at first roundabout turn right go straight & find the blue building at the river side promenade. **Easy by Táxi.**
Email: restauranteclubenaval@fazclick.com
Website: www.restauranteclubenaval.fazclick.com

HEALTH SHOP & HEALTH FOOD ERVANÁRIA CASA UNIVERSO (7a) (7b) (7c)

Deolinda is the owner of the first health food shop in the Algarve, est. over 32yrs! Now 3 GREAT shops, each totally different! **Shop 1a:** health food, whole wheat, organic pasta, nuts, cookies, herbs, teas + cosmetics etc. **Shop 2b:** Vitamins, supplements, wonderful skin products + diet & nutritional counselling by appointment. Rescue drops, clients love them! **Shop 3c:** food, vitamins & supplements. Hours 9:40am-1pm, 3-7pm. Sat. 10-1pm. V. reasonable prices. Tel. 282 423 492.

Casa Universo HEALTH SHOP

HARMANNA EXCLUSIVE (8)

Dutch Management. **Lovely, artistic boutique.** Stunning hand bags, different accessories, fashion & shoes. Rua do Comerçio, 33. Tel. 282 484 986.

HAVING A PARTY, WEDDING, AN EVENT?

The party season is coming! Sound equipment, lights, entertainment? THE SOUND CO can provide all your needs: Sound, Lights, Singer, DJ, Karaoke etc. All types of events: House Party, Bar, Wedding, Public Event, Restaurant, Hotel. **Top quality equipment, professional service.** Tel. 969 031 257 or 919 604 121. thesoundco@sapo.pt

CASA DELLA PASTA FRESCA TAKEAWAY (94)

FRESH HOME-MADE PASTA. Takeaway, make a meal of this! Giorgio, came from Italy with grandmother's fabulous pasta recipes! Fresh daily home-made pastas: ravioli, gnocchi, tortellini etc. Lasagna & canneloni to order. Plus Parmesan cheese, balsamic vinegar, Lambrusco wines etc. **ALL 100% ITALIAN.** Only one in Algarve! **Add sauce for a perfect meal.** The Italian national paper raved about him! 10am-1pm, 3pm-7:30pm, Sat. to 1pm. Closed Sun. From Continent shopping go North take A22 Exit (Faro) take immed right & immed. left crossing over main road, bear immed. right uphill into development. Immed. in front of you, L17, **easy by Taxi.** Tel. 282 427 279.

VISIT SIR CLIFF RICHARD'S WINERY! (11)

Unique opportunity to see the Winery that produces Sir Cliff Richard's wine! Spectacular scenery of this beautiful vineyard make for a 100% relaxing visit & great photos. Several tour times: Mon.-Fri. 10am-5pm, closed 1-2pm. Tours & wine tasting €7.50. **Must book time for tour call: (+351) 968 776 971.** The cellar door shop, sells the full range of these lovely wines as well as wine merchandise & souvenirs. This is a great chance to see a working winery. Follow the directions to A22 Faro. Take first exit to Albufeira. Take exit to Guia. follow N125 to Algarve shopping. Go over bridge, veer to right staying on road, do not go into Algarve shopping. Go over roundabout, continue 100m **Winery is 2nd entrance on the right sign posted Quinta Do Miradouro/Adega do Cantor. Call for assistance.** www.winesvidanova.com.

LENA'S CREPES & CROISSANTS (17)

FRESHLY BAKED EVERY HOUR

Perfect for morning **Excellent Coffee, 'Lavazza',** home baked pastries, croissants & fillings, delicious home-made **soup & sandwiches on hot baguettes,** quiche, salad plates & special home-made cakes. **Vegetarian lasagne. Takeaway available. All produce organic from owners farm.** In Tropical shopping centre, look for yellow & white awnings. + 2 shops in Rocha. Hausgebackene Croissants, Brötchen und hausgemachter Salat.

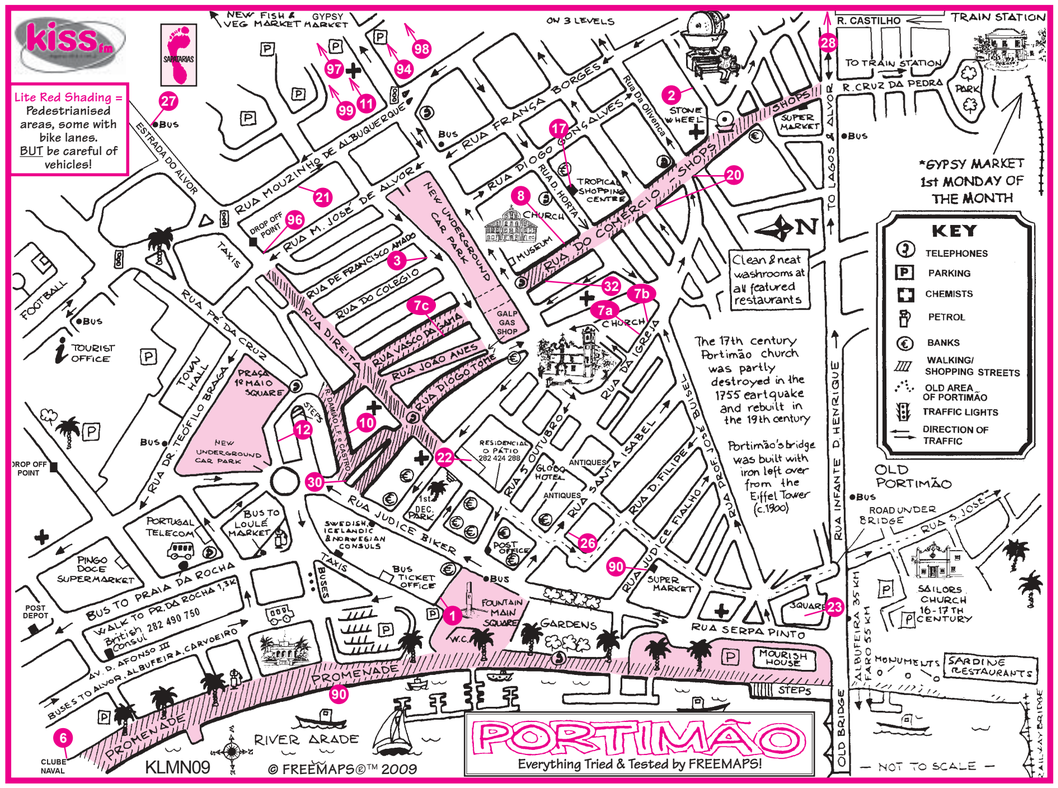
RESTAURANTE KIBOM Tel 282 414 623 (10)

Beautifully redecorated, typical Algarvian house. Very good traditional Algarvian dishes. Family run by father & son. The meat or fish kebabs are delicious! Large choice of fresh fish, grilled sardines, seafood rice, fish stew, fresh shellfish & cataplana. Many meat dishes, inc. fillet stone steak. Light snack lunches. **Lovely outside terrace.** Well worth trying! **A.C.** Closed Sun. **Baby changing area. Wheelchair friendly.**

CAFÉ CONCERTO (22)

The Old Town hall has been renovated into 2 theatres/ concert halls showing concerts & plays on a regular basis. Most weekends there is a play or musical event. Stop in & get a brochure that will give you the times table & write-ups in English. Tickets can be bough on site or over the internet. **Most musical events start at 9:30pm giving you plenty of time to have a leisurely dinner in town first!** 100% wheelchair access.

Insider Tips Go To:
www.freemaps.net



RESTAURANTE DA AVOZINHA Grandmother's Restaurant (12)

Wonderful Portuguese restaurant. Wesley & Eduardo are really busy giving people what they want! Great food, friendly service. Succulent ribs with honey, black pork skewer etc. **Mon.-Fri: 3 course daily lunch: soup, drink, great daily meal** (i.e. turkey & mushrooms/ bean stew/oven roast cod) **+ coffee all for €7! Sardines/salad/ potatoes €6!** Grandmother's coconut dessert is divine! **First Sun. of the month they've a super popular special dinner i.e. roast lamb & mint or yummy Brazilian meat grill!** Reservations always a good idea: 282 495 445.

LAGOS MOBILITY & AIRPORT TRANSFERS

Electric 4 wheel scooter rentals & minibus transfers. Tel. Dave/Geraldine (+351) 282 768 731 or 914 655 179. **Extremely competitive prices! 100% legal!** dave@algarve-365.com www.lagosmobility.com

THE VILLAGE INN Tel. 282 412 036.

In Mexilhoeira da Carregação 5 min. from Portimão. Kathleen's Village Inn is **A MUST. A bit out of your way but well worth it.** A real gem, every table decorated differently, the food is simply divine. People love: baked Camembert, stuffed mushrooms, warm goat cheese salad, ginger lime prawns, Persian spiced lamb, sole of the inn, home-made steak & kidney pie, liver & onions sauté in Madeira wine. **Real vegetarian dishes.** Desserts to die for: brandy snap baskets & home-made apple crumble with custard! **'Dine around the cosy log fire'.** Diners say **"Wish we found you at the beginning of our holiday". Delicious 3 course menu only €15!** Open 6:30pm. Closed Sun. & Mon. **Reasonable prices. Booking advised!** Go over the old bridge by the harbour, continue for 3kms, turn left at the Mexilhoeira da Carregação roundabout. As you reach the centre of the village, look for two large palm trees on right, yellow building.
Closes 1st week of Dec. Open for 2nd week of Dec. Then closed until Feb. 2010.

- FREEMAPS FIND THE VERY BEST -

Make you £ or € go further! **Freemaps takes the hard work out of finding a special restaurant/pub or fun activity.** We anonymously sample 100's of restaurants every year & pay as any normal client would. Then tell you which ones give you great value offers & unique deals, without forgetting cleanliness in kitchen/washrooms. We know you want a fun extravagant night out too, so we don't forget those! **Plus we're filled with Special Offers: Restaurants, Golf & Activities If you're a tourist or Resident: Don't leave home without Freemaps! We've been hard at work for you for 19 yrs!**

DONA BARCA RESTAURANTE (23)

Eat where the Portuguese eat! Typical Algarvian restaurant. **Fresh fish from the local coast grilled on charcoal + delicious ribs & lamb chops etc.** Representative of the Algarve at gastronomia fair, Lisbon 1996-2006. In the old fishermen's quarters. **Large terrace. Very reasonable.**

SOPHISTICATED & CASUAL FASHION

SUNGLASSES & GLASSES Oculista Belo Horizonte - 2 shops (20)

Shop where the Portuguese shop. BEWARE Only Quality lenses fully protect your eyes from harmful UV rays of the sun! 100% quality. Large stock designer glasses: Gucci, Oakley, Rayban, Dolci Gabanna, Vogue, Dior, Prada, Bulgary, Burberry etc. **FREE Eye Testing,** Prescription glasses. Contact lenses & fast service. **Discounts to 40% on designer brands.** Open 9am-7:30pm. Tel 282 423 466.

SECRET SPOT SURF SHOP (21)

Surf, skate, snow & bodyboards. **Surf boards for rent. SURF SAFARIS.** Very good quality surf & street wear including: **Hurley, Billabong, Rip Curl, Volcom, Carhartt. Skateboard shoes: DC, DVS, Vans, Etnies.** Open 10am-1:30pm & 3-7:30pm. Tel. 282 418 930. www.secretspot98.com

SAPATARIAS SHOE SHOPS

STEP into COMFORT...walking on air, at these 3 shoe shops. Men's to 48, women to 42, teen & children, **Ecco, Nike, Geox, Ara, Picadilly etc. latest designs.** Walking, comfort shoes, brand name shoes, plus tennis, sandals etc. **Huge selection, at reasonable prices. One of the best Selections in Portimão. www.algarvesapato.com**

ST JAMES (26)

Algarve stockist of world famous brands. Rua St Isabel #26, near harbour.

A PARAGEM (27)

The Discount Shop. Take R. Direita to #34 Estrado do Alvor. **Pestana bus stop at BLUE awning.**

ROBIN'S (28)

2nd Discount Shop. Huge selection. Alto da Boa Vista, easy by taxi. Tel. 282 491 249.

SAPATARIAS

DELTA PELE QUALITY LEATHER GOODS SHOP - Alvor

A wonderful large selection of high quality Portuguese leather products. Exquisite handmade purses, bags, travel bags, wallets, belts, briefcases, suitcases etc. ***Something to last a lifetime.*** Rua António José de Almeida, Alvor, 150m up from bus stop. **Call for directions, easy by Taxi: Tel. 282 457 175.**

La PIZZA Restaurante & Pizzeria (30)

Lovely family run restaurante. **Real Italian Chef,** Daniel & wife Joanna. **To die for Pizza's in the Italian manner, baked in a wood oven.** Good selection of Italian wines. All really, really good food. With olives, egg plant starter, pasta, etc. **3 different daily dishes €4.50-4.95: fish & chips** (€4.50) **/ chicken piri-piri / meat stew etc. Special menu €7.90: sea bass or big ribs, salad & soup.** Omelettes: mixed, prawn, veg, tuna/chicken salad. To finish absolutely divine home-made Italian desserts. This family is so nice you would like to move in with them. **'Pizza To Go': Buy a small pizza to take to the beach, €2.99!** Tel. 282 461 453. **Wheelchair friendly.** Closed Tues.

TRAVELLING AROUND THE ALGARVE?

Don't go anywhere without your FREEMAP! **All 8 maps covering the Algarve can be picked up from Wine Bar, see #3 this side. Pass by for your Freemaps!! All the latests Freemaps are also available for download from www.freemaps.net Don't go anywhere without your FREEMAP!**

JEWELLERY SHOP 50 SPARKLING YEARS!

www.OLIVEIRAS.com.pt joalheiros (32)

'A gift from Oliveira's is a gift to last a lifetime'. One of Algarve's finest Jewellers. Three shops show an **outstanding collection of watches, Gold & Silver jewellery.** Name brands watches range from Swatch to Armani. An irresistible array of yellow & white gold (all 19.2k), silver & platinum jewellery. Government licensed. **Fabulous selection of affordable pieces too!** Open 9:30-1pm & 3-7pm, Sat. 9:30-1pm. Tel. 282 410 320.

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VALE DE MILHO GOLF - Carvoeiro

BEST VALUE GOLF IN THE ALGARVE
"Best designed Algarve par 3 layout" - Greg Turner
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Designed by Dave Thomas to challenge all golfers
Beginners welcome - Equipment for hire - Lessons available.
NO HANDICAP REQUIRED
GREEN FEE SPECIAL PROMOTION - 1st Nov.- 31st May
Show This Freemap: 9 holes €20 - 18 holes €30
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With breakfast or lunch: 9 holes €26.50 - 18 holes €38.00
With breakfast or lunch & club hire: 9 holes €40.50 - 18 holes €57.50
TWILIGHT PROMOTION Unlimited Golf €25 - With club hire €40
November to March after 2:30pm - April to May after 3:30pm
FREE PICK-UPS! - Call 282 358 502 to book
From Carvoeiro & Ferragudo area. Subject to availability, book one day in advance. No service at weekends. Spacious Clubhouse, Restaurant & Bar. Open all day.
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Tel. 282 358 502 - Fax. 282 358 497
Mobile 919 816 560 GPS location: N37.09663° W8.44837°

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Nov. 09 - 30% Green Fee Discount With Free Buggy
(2 people sharing-subject to availability)
Dec. 09 - Jan. 2010 - 2 players with buggy €99
Dec. 09 & Jan. 2010 - Twilight after 1pm €30 with trolley
Call or email to book: Must Mention Freemaps!
Call or email for offers after this time.

SHOE WORLD MUNDO DO SAPATO (97)

Lagoa, Lagos, Albufeira, Almancil & Portimão
FACTORY OUTLETS UP TO 50% DISCOUNT
Clarks ROCKPORT Gabor
The Algarve's largest selection of quality ladies', men's, children's, sport & casual footwear: **unbeatable prices.** Stores everyday 10am-7pm, Except Albufeira & Portimão - 10pm. Tel. 282 343 065.
www.shoeworldshop.com 5 locations below:

SHOE OUTLET

New Portimão (nearest store): on main road EN125, in Portimão Retail Park.
Lagoa: on main road EN125, 200mt east of Lagoa.
Lagos: on main road EN125, past Odiaxere (1k before Lagos).
Albufeira: Retail Park Albufeira next to Algarve Shopping Guia.
Almancil: on main Almancil high st. opp car wash.
NIKE FOOTJOY adidas Reebok

RESIDENCIAL PIFARO, Hotel - Albufeira The Strip

Lovely Residential, run by the Samcher-Ali family. Spotless 20 room small 'Hotel' offering: lovely pool & wireless internet, TV's, AC Bar/lounge/breakfast room / piasma. Perfect for golf group getaways or couples! **Tel. 289 586 232. Speak perfect English.** In a quiet area steps from The Strip Av. Infante D. Henrique, #38. residencialpifaro@gmail.com

RESIDENCIAL PIFARO 1987 ★★★

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The Worlds Greatest Sand Artists Sculpture 35,000 tons of sand!

MUNDO DO SAPATO SHOE WORLD (97)

Clarks ROCKPORT Gabor

FACTORY OUTLETS UP TO 50% DISCOUNT
LAGOA - LAGOS - ALBUFEIRA - ALMANCIL - PORTIMÃO
Algarve's largest selection of QUALITY shoes for all the family
All stores open everyday 10am - 7pm, Except Albufeira & Portimão 10am - 10pm

SHOE OUTLET

NEW - Portimão - on main road EN125, in Portimão Retail Park
Lagoa - on main road EN125, 200mt east of Lagoa.
Lagos - on main road EN125, just past Odiaxere (1k east of Lagos).
Albufeira - Retail Park Albufeira, next to Algarve Shopping Guia.
Almancil - on main high st, opposite the car wash.
For more information Tel. 282 343 065 / www.shoeworldshop.com

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