

EMERGENCY & HEALTH CARE

PRIVATE HOSPITAL - Alvor 
 "Hospital Particular do Algarve"
24 HOUR EMERGENCY 282 420 400
Private Ambulance Service. Open to all.
 English speaking doctors & nurses. Full hospital services, most major specialities. Scans & X-rays. Cardiology department, diagnostic & treatment of cardiovascular disease. Urology department. Neurophysiological Studies & Respiratory Function Centres. They work directly with most major health insurance companies. Estrada do Alvor. Tel. 282 420 400, Fax. 282 420 404. www.hpalg.com

FLANNERY'S IRISH BAR 50

A really friendly Irish-owned & Irish-run sing-along pub. Owner Michael strums the guitar & everyone joins in for the craic! Musicians & Singers Welcome! Draught: Guinness, Carlsberg, Superbock etc. & a wide selection of bottled beers. **LARGE SCREEN** for All Sports & GAA Games. **POOL TABLE**, Darts, Dominoes, Connect 4 & Draughts. Air conditioned. Open daily. Enter as strangers, leave as friends. Beside Hotel California, on the 'bar street', just down from the Old Town Square.

LA LOJAS-LA SHOPS 51

They are a Factory Outlet (own brand manufacturer): Fashion accessories, jewellery, footwear, handbags, purses. Great assortment of natural Cork items: handbags, purses, shoes, belts etc.

CHINESE SHOP 52

Massive **DISCOUNT** shop. Very special prices! Get Everything here! Children's outfits, long shorts, jeans & jean jackets etc. Shoes, suitcases, electronics, small gifts, household goods, plush toys, watches & stationary etc. Absolutely everything! **Absolutely fabulous prices. THIS IS THE CHEAP SHOP!** Open 7 days 10am-midnight. Lower floor, Commercial Centre, Hotel California, Bar street.

ACTION & ADVENTURE

ALBUFEIRA RIDING CENTRE 53

At Vale Navia. FUN beach rides, countryside rides, for all the family. Experienced or beginners. Collection available. Hats provided. B.H.S. qualified staff. Bookings advised. Tel. 289 542 870. The resort is closed but the riding centre is open!!

INDIGO DIVERS Albufeira Dive Center

Come DIVE while you're on holiday. PADI Courses, Dives, Dive Excursions, Wrecks, Artificial Reefs, Wall Dives etc. Fully stocked dive shop - quality snorkelling equipment. Enjoy a fascinating variety of underwater life. Open all year. Tel. 289 587 013 or 913 999 913. www.indigo-divers.pt

WATERSPORT CENTRE Fisherman's Beach

Fly with a smile. All time top beach experience! Do not miss this! Fantastic Beach Activities for a fun filled day! Look for the yellow smiley face!
 * Canoes, Pedalos with slides. Jet bikes
 * Speed boats with banana rides & rings.
 * Para sailing: solo, double or triple
 * Helder & staff have 25 yrs. experience.
 * Special discount for groups.
 * Fully insured company.
 Everyday, May - end of Oct. Right on Fisherman's beach.

QUAD BIKING

QUAD BIKE OFF - ROAD GUIDED TOURS & RENTAL.
 "One of our all time best days in B Algarve trips", Simon & Ken, Canada. "A brilliant day out", Kristie, London.
 A Guided tour on a quad bike through the Algarve countryside. Fancy an adventure? Bonding day with family & friends? Algarve's most stunning countryside scenery as you've never see it! Trips from family adventure days to adrenaline pumping advance level. At Credit crunch prices! **Special Trips for over 50's & 'Ladies Day out'!**
Rent a quad bike for just a few hours - or days!
 Driver's License B is required. No experience needed. 'Angel Pilot', Zona Industrial do Fátima, Lote 2, Fátima, Lagos.
Directions: Ben (+351) 917 999 810. P/GB/F/E.
 www.prorent-algarve.com info@prorent-algarve.com
 Angel Pilot holds: World, European & Portuguese Championships Jet Ski Cup!

SCOOBY'S POOL BAR - Galé 57

Crazy Golf: half price from 6pm till close! Perfect for families. Best of British breakfast, home-made food inc, chilli, pies, spag bol, fish & chips, gammon, ribs, prawns & very popular chicken curry. Also full kids' menu. All clients can use the Algarve's deepest pool, sun lounges, plus under 5's pool & playpen free. Pool tables, football table etc. Kids' swing park. Full Sky/Satanta/Digit Alb sports channels. Cocktail bar; quiz, bingo & more entertainment. Scooby's does it all & gets better every year! San Miguel & Magners on draught. Happy Hour 50% off cocktails & draught lager 7-8pm nightly. Fully insured & licensed mini bus available. Open 8:30am-late. From Dolphin Roundabout go straight over 2nd exit down to the boat roundabout take 2nd exit towards the Marina. From the square roundabout in Albufeira Marina take your 1st exit to the right, follow the road & take your 2nd left, go up the hill & continue along the road past the Ponte Grande resort after 1km look for sign on right hand side.

ROYAL ORCHID THAI CUISINE 64

Thai cuisine at its best in a restaurant so beautiful & tranquil it's hard to describe. Amazing attention to detail in décor & spectacular food. Ask the chef to help you order from superlative meat or enticing seafood specialities. Don't miss this very special restaurant even if you've never tried Thai food before. Kids' menu. Everyone loves it! **Group offer from €20, with 1 drink.** Enclosed garden & rooftop terrace over Albufeira. Open 5pm-2am, kitchen closes midnight, bar open till 2am. E, NL, Thai & P spoken. Takeaway. Left at top of tunnel stairs, opp. Hotel Sol & Mar. Tel. 289 502 505. Catering Available call: 968 248 734 or 964 681 784.

Royal Orchid Thai Cuisine

VAN GOGH RESTAURANTE - Near Vilamoura

Often the best restaurants are hard to find. The Van Gogh is a MUST. Spectacular food & views. A beautifully converted farmhouse. On hills overlooking country & sea. Lovely conservatory with spectacular views for dining. Large portions, reasonable prices. Large welcoming bar. Family friendly. Great enclosed children's play area. Not to be missed! NL, GB & P spoken. From Vilamoura after the main Boliqueime junction go in direction Albufeira, at sign to 'Cerro' follow small sign to your right to restaurant (up hill). Open from 7pm. Closed all day Tues. Reservations. Tel. 289 360 721. Web site: www.vangoghrestaurant.com



TRAVELLING AROUND THE ALGARVE?

Don't go anywhere without your FREEMAP!
 All 8 maps covering the Algarve can be picked up from M & J's Food & Freezer Store, see # 61 on this 'Albufeira Old Town' Freemap. Pass by for your Freemaps!!

OLD TOWN ALBUFEIRA

Map not to scale!!

WINES, SPIRITS & TOBACCO GARRAFEIRA WHY NOT A
 Estb. 1983. Best Portuguese Ports, Wines & Spirits. Lowest prices! Tobacco by carton. Credit cards accepted, no commission. 6 shops in area.

ALL MAPS, WRITE-UPS & ARTWORK COPYRIGHT OF FREEMAPS® LDA 2009. Informações - Tel./Fax. 282 471 748 or 919 912 246

M & J'S FOOD & FREEZER STORE 61

Super ENGLISH SUPERMARKET! Wide range of Baby Products. English Bacon, Sausages, Pukka & Holland Pies & Puds. Vegetarian meals, beans from 70 cents & much, much more. Huge variety of Easter Eggs! Open all year. Tel. 289 592 318 or 936 563 472.

THE BEST PLACE TRADITIONAL FISH & CHIPS 62

Delicious crispy Traditional Fish & Chips just like at home! (4 types fish), Cornish pasties, fish cakes, cheeseburgers, chicken nuggets plus curry sauce & gravy. **Super Home-made Chips!** Just down from the bus station. Absolutely wonderful comfort food. Daily fish specials €4.95. Open all year round. Sister company to M & J's. Tel. 289 592 318 or 936 563 472. Indoor eating & terrace. Eat in same price as take out!

FI-LINE FASHIONS - Armação de Pêra 63

Quality ladies fashion, from European Designers, in this small friendly shop. Selection of smart, casual separates, handmade jewellery & hand knit tops. Classic clothes. Also comfortable clothes for the fuller figure. Very reasonably priced. Feel free to browse. Women say: **Finding your shop has made my holiday!** Sterling accepted. Alteration service. Sizes 12-22 (38-50). EN125 West, left at Alcantarilha big roundabout at 3rd roundabout left, shop is on right. Ave. de Rio, edif. Almadraba. Mon.-Fri. 10-1 & 3-6pm. Sat. 10-1pm. Tel. 914 538 888. email: FiLine@Sapopt

GRILLROOM SHALOM EETCAFÉ

Try something different, delicious Mediterranean, Israeli & Dutch food! Father & son Yadin & Ido, serve tempting mouthwatering food. **Special mixed grill for 2 includes: shoarma, sashlick, lamb chops, chips, rice, salad, pita bread with garlic & tomato sauces only €15!** Also, home-made houmous & falafel. Kids' menu. In a romantic open air atmosphere. Highly recommended. Tel. 289 571 764. Lekker eten. Hollandse snacks. Hollandse gezelligheid!

SHALOM, GRILL, PANCAKE & CREPE HOUSE

Same owners as above. Different & delicious! Daughter Yoniet & husband Oded. Serve delicious marinated grills: chicken schnitzel, lamb & pork chops made with tender morsels of meat, served with salad chips/potato wedges, 100% double beef burgers & absolutely scrumptious HUGE Pancakes, from secret recipe (bacon & mushroom, cheese, onion & tom. etc.). Cheerful atmosphere, kids' play area, large enclosed terrace. Tel. 922 015 264. Het enige echte pannenkoekenhuis in Albufeira!

PRAZERES RESTAURANTE BAR 67

One of the oldest typical Portuguese restaurants in Albufeira. Family run by Fernando, the chef who carefully prepares everything & his wife Gloria. Very good home-made traditional dishes include: daily dish, fresh fish, cataplana, monkfish rice, tiger prawns, swordfish Azores style, pepper steaks etc. **Vegetarian & children's menu. Reasonably priced.** Open all day from 11am - midnight. A few feet from the main square. Tel. 289 513 983 or 963 081 891.

FREEMAP GOLF OFFERS

VALE DE MILHO GOLF - Carvoeiro

BEST VALUE GOLF IN THE ALGARVE
 "Best designed Algarve par 3 layout" - Greg Turner
 "Top Holiday Golf Course" - Doring Kinderley
 Designed by Dave Thomas to challenge all golfers
 Beginners welcome - Equipment for hire - Lessons available.
NO HANDICAP REQUIRED
GREEN FEE PROMOTION - 1st June to 31st October
 Show This Freemap: 9 holes €20 - 18 holes €30
 With club hire: 9 holes €32.50 - 18 holes €47.50
 With breakfast or lunch: 9 holes €26.50 - 18 holes €38.00
 With breakfast or lunch & club hire: 9 holes €40.50 - 18 holes €57.50
TWILIGHT PROMOTION Unlimited Golf €25 - With club hire €40
 June to August after 3:30pm - September to October after 2:30pm
FREE PICK-UPS! - Call 282 358 502 to book
 From Carvoeiro & Ferragudo area. Subject to availability, book one day in advance. No service at weekends. Spacious Clubhouse, Restaurant & Bar. Open all day.
 valedemilhogolf@mail.telepac.pt www.valedemilhogolf.com
 Tel. 282 358 502 - Fax. 282 358 497
 Mobile 919 816 560 GPS location: N37.09663° W8.44837°

3 SPECTACULAR GOLF COURSES

CS SALGADOS GOLF 289 583 030
 CS MORGADO GOLF 282 402 150
 CS ALAMOS GOLF 282 402 150
 reservas@salgadosgolf.com
 bookings@golfdomorgado.com
TWILIGHT OFFER €30 with trolley after 3:30pm

Two people with buggy €99 June 1 - Sept. 15
 Call or email to book: **Must Mention Freemap!**
 Offers end September 15th 2009

SALGADOS GOLF RESTAURANT - Galé 73

Finally a Golf Club offering really great food! Calm slightly sophisticated restaurant, specializing in Mediterranean cuisine with fresh fish & the best meat in a relaxing atmosphere. The unique view to the Golf course easily surpasses the expectations. The menu includes specialities like beef steak 'Portuguese', T-bone, beef entrecote & fresh caught fish, codfish medallions & delicious home-made desserts. Excellent tempting menu & food, very well done! Tel. 289 583 030.

SHOE WORLD MUNDO DO SAPATO

Lagoa, Lagos, Albufeira & Almancil
FACTORY OUTLETS UP TO 50% DISCOUNT



The Algarve's largest selection of quality ladies', men's, children's, sport & casual footwear at unbeatable prices. Footjoy, Nike & Adidas Golf Shoes at discounted prices. All stores open everyday 10am-7pm, Except Albufeira till 10pm. Tel. 282 343 065. www.shoeworldshop.com 4 locations:
 Lagoa: on main road EN125, 200mt east of Lagoa.
 Lagos: on main road EN125, past Odlaxere (1k before Lagos).
 Albufeira (nearest store): Retail Park Albufeira next to Algarve Shopping Guia, Almancil: on main Almancil high st. opp car wash.



Best Local Minimarket / Supermarket?
 Thirsty / Hungry / Bar / Restaurant? See:
 www.freemaps.net

INTERNATIONAL SAND SCULPTURE FESTIVAL

THIS YEARS THEME DISCOVERIES!
 The Worlds Greatest Sand Artists Sculpture 35,000 tons of sand into: Tutenkammure Tomb, The Pyramids, Science, Space, Natural History etc!
 Worlds Biggest Sand Sculpture Event!
 Lit from 9pm to midnight. Video projections & lighting effects. Allow time for photos. Snackbar, rest area & W.C. From the A22 take the Alagoz/Pêra exit & follow the signs. Ample FREE parking. Open 10am to midnight, May 22nd to Oct. 22nd 2009. Tel. 969 459 261. www.FIESA.org

INTERNATIONAL SAND SCULPTURE FESTIVAL

SPECIAL DISCOUNT COUPON
10% off ENTRY!
 Must SHOW COUPON for up to 6 PEOPLE
 Children 5 & under free!

FREEMAPS

RECOMMENDED BY BBC TV PROGRAM, WISH YOU WERE HERE!
 Tel. 282 471 748 or 919 912 246
 Web: www.freemaps.net Email: info@freemaps.net



Old Town

ALBUFEIRA

FREEMAPS Algarve's TRAVEL BIBLE, we tell you where to go! 30yrs. of travel tips in the Algarve!



QUAD BIKING Off-Road Guided Tours & Rental.
 Guided tour on a quad bike through the Algarve countryside.
 Call Ben (+351) 917 999 810. P/GB/F/E. www.prorent-algarve.com

INTERNATIONAL SAND SCULPTURE FESTIVAL Tel. 969 459 261
 The Worlds Greatest Sand Artists Sculpture 35,000 tons of sand!



MUNDO DO SAPATO SHOE WORLD



FACTORY OUTLETS UP TO 50% DISCOUNT

LAGOA - LAGOS - ALBUFEIRA - ALMANCIL

Algarve's largest selection of QUALITY shoes for all the family

All stores open everyday 10am - 7pm, Except Albufeira 10am - 10pm

Lagoa - on main road EN125, 200mt east of Lagoa.
 Lagos - on main road EN125, just past Odlaxere (1k east of Lagos).
 Albufeira - Retail Park Albufeira, next to Algarve Shopping Guia.
 Almancil - on main high st. opposite the car wash.

For more information Tel. 282 343 065 / www.shoeworldshop.com

