

EMERGENCY & HEALTH CARE

PRIVATE HOSPITAL - Alvor 
 "Hospital Particular do Algarve"
24 HOUR EMERGENCY 282 420 400
Private Ambulance Service. Open to all.
English speaking doctors & nurses. Full hospital services, most major specialities. Scans & X-rays. Cardiology department, diagnostic & treatment of cardiovascular disease. Urology department. Neurophysiological Studies & Respiratory Function Centres. They work directly with most major health insurance companies. Estrada do Alvor.
 Tel. 282 420 400, Fax. 282 420 404. www.hpalg.com
OPENING SOON: FARO HOSPITAL Tel. 707 282 828.
 Most major specialities & 24 hr. Emergency Services. Gambelas, near Faro Airport.

VISIT SIR CLIFF RICHARD'S WINERY!

Unique opportunity to see the Winery that produces Sir Cliff Richard's wine! Spectacular scenery of this beautiful vineyard make for a 100% relaxing visit & great photos. Several tour times: Mon.-Fri. 10am-5pm, closed 1-2pm. Tours & wine tasting €7.50. **Must book time for tour call: (+351) 968 776 971.** The cellar door shop, sells the full range of these lovely wines as well as wine merchandise & souvenirs. This is a great chance to see a working winery. Directions from Albufeira main roundabout (see map) take turning to N125 Guia direction, continue straight (may have to follow diversions) to 3rd roundabout, take first right to N125 towards Algarve shopping. Go over bridge, veer to right staying on road, do not go into Algarve shopping. Go over roundabout, continue 100mt. Winery is 2nd entrance on the right sign posted Quinta Do Miradouro/Adega do Cantor. Call for assistance. www.winesvidanova.com.



BEAUTY LOVERS Hairdresser & Beauty Salon (42)

A new chic salon. Be the most beautiful you, from head to toe! Manicure & pedicure €24. Ladies cut from €10 & Men's €8. Have a ladies cut, wash & dry & they give you a wonderful free head massage! Waxing, lasering, acrylic or gel nails. Plus beautiful delicate nail art. Excellent massages by appointment from €40 for 1 hour. **Let Beauty Lovers make you unique & beautiful!** Tel. Carmen 289 582 644 or 964 501 108. Open 10am-7pm, closed Sun.



VAN GOGH RESTAURANTE - Near Vilamoura

Often the best restaurants are hard to find. The Van Gogh is a MUST. Spectacular food & views. A beautifully converted farmhouse. On hills overlooking country & sea. Lovely conservatory with spectacular views for dining. Large portions, reasonable prices. Large welcoming bar. Family friendly. **Great enclosed children's play area. Not to be missed!** NL, GB & D spoken. From Vilamoura after the main Boliqueime junction go in direction Albufeira, at sign to 'Cerro' follow small sign to your right to restaurant (up hill). Open from 7pm. Closed all day Tues. Reservations. Tel. 289 360 721. Web site: www.vangoghrestaurant.com Closes Nov. reopens 1st April 2010.




IMPORTANT NOTICE

In the 'quieter season', opening & closing times may vary. Some places may be closed for well deserved holidays. Please double check by calling first!

LA LOJAS-LA SHOPS (58)

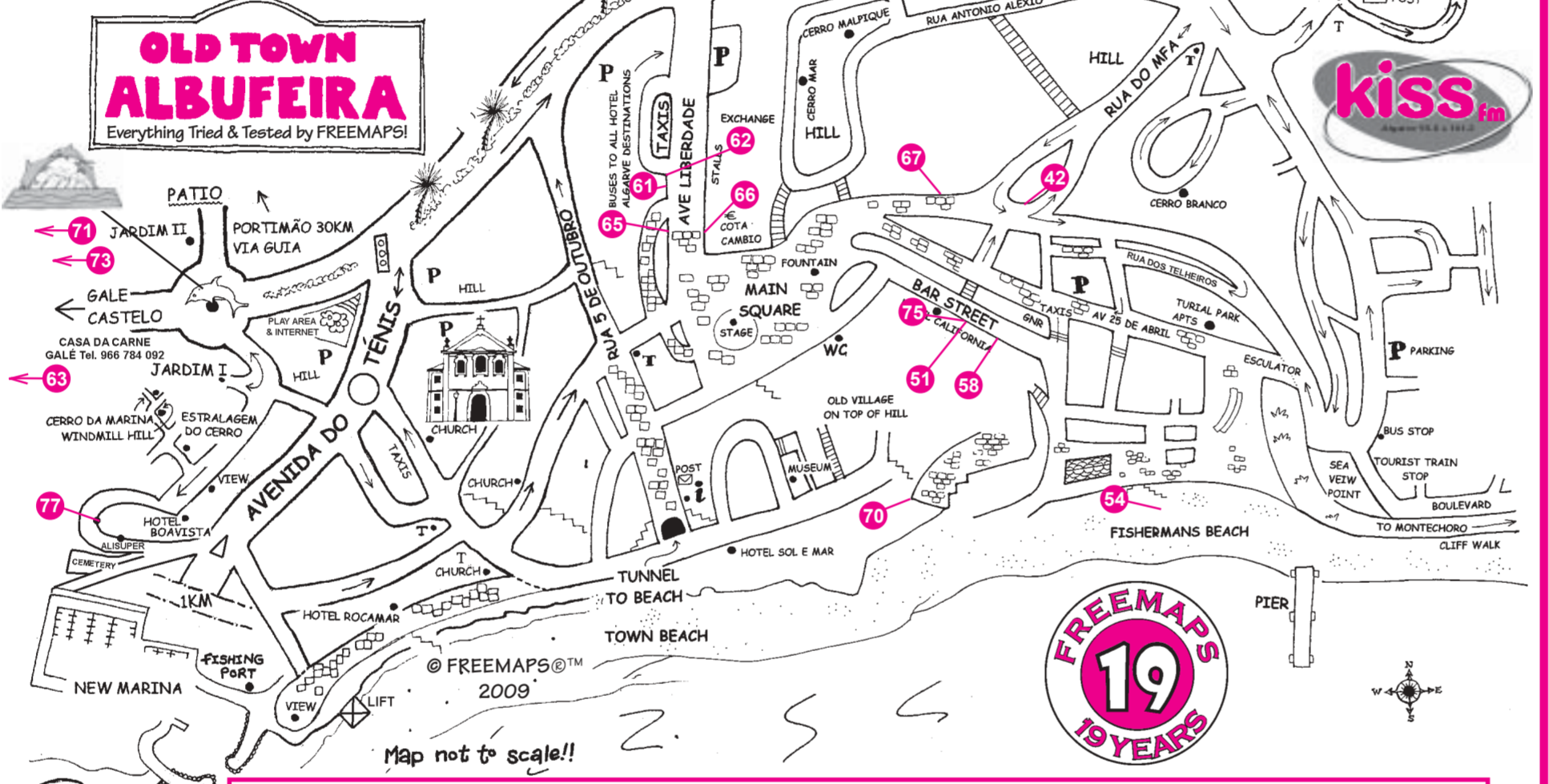
They are a Factory Outlet (own brand manufacturer): Fashion accessories, jewellery, footwear, handbags, purses. Great assortment of natural Cork items: handbags, purses, shoes, belts etc.

INTERNATIONAL SAND SCULPTURE FESTIVAL (59)

Reopens 2010. www.FIE5A.org

OLD TOWN ALBUFEIRA

Everything Tried & Tested by FREEMAPS!



Map not to scale!!

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CHINESE SHOP (51)

Massive DISCOUNT shop. Very special prices! Get Everything here! Children's outfits, long shorts, jeans & jean jackets etc. Shoes, suitcases, electronics, small gifts, household goods, plush toys, watches & stationary etc. Absolutely everything! Absolutely fabulous prices. **THIS IS THE CHEAP SHOP!** Open 7 days 10am-midnight. Lower floor, Commercial Centre, Hotel California, Bar street.



ACTION & ADVENTURE

ALBUFEIRA RIDING CENTRE (52)

At Vale Navio. FUN beach rides, countryside rides, for all the family. Experienced or beginners. Collection available. Hats provided. B.H.S. qualified staff. Bookings advised. Tel. 289 542 870. The resort is closed but the riding centre is open!!



WATERSPORT CENTRE Fisherman's Beach

Fly with a smile. All time top beach experience! Do not miss this! Fantastic Beach Activities for a fun filled day! Look for the yellow smiley face!

- * Canoes, Pedaloos with slides. Jet bikes
- * Speed boats with banana rides & rings.
- * Para sailing: solo, double or triple
- * Helder & staff have 25 yrs. experience.
- * Special discount for groups.
- * Fully Insured company.

Everyday, May - end of Oct. Right on Fisherman's beach. * Closed for winter reopens May 2010.



DIVING SOLUTIONS ALGARVE (55)

Shore - Boat - Wrecks - Caves & more. Wonderful dive experience. Friendly & patient atmosphere. Half day &/or full day. Selection of beginner courses from 1 day. Special half day Kids Club (from 8 years). Open All Year. Advisable to call first. Tel. (+351) 910 723 379 & speak with Tania. Your safety & satisfaction guaranteed! www.divingsolutionsalgarve.com See The Strip map for location.



PIRATE SHIP "SANTA BERNARDA"

Cruise on this traditional, marvellously restored 25m wooden sailing vessel. Cave expedition, coast trips & beach BBQ. 100% Pure relaxation! Don't miss it! Unvergleichliche Bootsausflüge auf liebevoll restaurierter 25m Holz-Segel Caravelle. Grottenexpedition, Küsten Fahrten und Strand-BBQ. Tickets an der Hotel reception oder stand in Hafen. Tickets ask your Hotel reception or from stand on Portimão harbour or office: Rua Justice Fialho #6 in Portimão. Tel. 967 023 840. www.santa-bernarda.com



QUAD BIKING

QUAD BIKE OFF-ROAD GUIDED TOURS & RENTAL. "One of our all time best days in B Algarve trips", Simon & Ken, Canada. "A brilliant day out", Kristie, London. A Guided tour on a quad bike through the Algarve countryside. Fancy an adventure? Bonding day with family & friends? Algarve's most stunning countryside scenery as you've never see it! Trips from family adventure days to adrenaline pumping advance level. At Credit crunch prices! Special Trips for over 50's & Ladies Day out! Rent a quad bike for just a few hours - or days! (56) Driver's License B is required. No experience needed. "Angel Pilot", Zona Industrial do Pateiro, Lote 2, Pateiro, Lagoa. Directions: Ben (+351) 917 999 810. P/GB/F/E. www.prorent-algarve.com info@prorent-algarve.com Angel Pilot holds: World, European & Portuguese Championships. Jet Ski Cups!



MICHELLES MINI MARKET

Super ENGLISH SUPERMARKET! Wide range of Baby Products. English Bacon, Sausages & Puds. Variety of ready made meals available. Vegetarian meals, beans from 70 cents & much, much more. Open all year. Tel. 289 592 318 or 936 563 472. All Christmas stock now in!



THE CHIP SHOP TRADITIONAL FISH & CHIPS (62)

Delicious crispy Traditional Fish & Chips just like at home! (4 types fish), Cornish pasties, fish cakes, kebabs, chicken nuggets plus curry sauce & gravy. Super Home-made Chips! Just down from the bus station. Absolutely wonderful comfort food. Daily fish specials €4.95. Open all year round. Sister company to Michelles. Tel. 289 592 318 or 936 563 472. Indoor eating & terrace. Eat in same price as take out!



FI-LINE FASHIONS - Armação de Pêra (63)

Quality ladies fashion, from European Designers, in this small friendly shop. Selection of smart, casual separates, handmade jewellery & hand knit tops. Classic clothes. Also comfortable clothes for the fuller figure. Very reasonably priced. Feel free to browse. Women say: Finding your shop has made my holiday! * Altering accepted. Alteration service. Sizes 12-22 (38-50). EN125 West, left at Alcantarilha big roundabout at 3rd roundabout left, shop is on right. Ave de Rio, edif Almadra. Mon.-Fri. 10-1 & 3-6pm. Sat. 10-1pm. Tel. 914 538 888. email: FiLine@sapopt



GRILLROOM SHALOM EETCAFÉ

Try something different, delicious Mediterranean, Israeli & Dutch food! Father & son Yadin & Ido, serve tempting mouthwatering food. Special mixed grill for 2 includes: shoarma, sashlick, lamb chops, chips, rice, salad, pita bread with garlic & tomato sauces only €15! Also, home-made humous & falafel. Kids' menu. In a romantic open air atmosphere. Highly recommended. Tel. 289 571 764. Lekker eten. Hollandse snacks. Hollandse gezelligheid! Closes Nov, reopens March 2010.



SHALOM, GRILL, PANCAKE & CREPE HOUSE (66)

Same owners as above. Different & delicious! Daughter Yoniet & husband Oded. Serve delicious marinated grills: chicken schnitzel, lamb & pork chops made with tender morsels of meat, served with salad chips/potato wedges. The Best Ribs: eat as much as you can for €9.50! HUGE Pancakes, from secret recipe (bacon & mushroom, cheese, onion & tom. etc.). Cheerful atmosphere, kids' play area, large enclosed terrace. Tel. 922 015 264. Het enige echte pannenkoekenhuis in Albufeira! Closes Nov, reopens March 2010.

PRAZERES RESTAURANTE BAR (67)

One of the oldest typical Portuguese restaurants in Albufeira. Family run by Fernando, the chef who carefully prepares everything & his wife Gloria. Very good home-made traditional dishes include: daily fish, fresh fish, cataplana, monkfish rice, tiger prawns, swordfish Azores style, pepper steaks etc. Vegetarian & children's menu. Reasonably priced. Open all day from 11am - midnight. A few feet from the main square. Tel. 289 513 983 or 963 081 891.



A TASCAS DO VIEGAS RESTAURANTE

Only the large portions of delicious food will impress you more than the gorgeous view of the ocean from Tascas excellent location! Outstanding menu: seafood rice, monkfish, clams & prawn cataplana, beef Portuguese, succulent honey tenderloin pork & more! Ask Antonio about the daily selection of freshly caught fish! Snack menu including pizzas served until 6pm on ground floor. Check out A Tascas Restaurante (closed Nov, reopens March 2010) (Similar Menu), a separate restaurant on the terrace above, accessed by the steps: get a great view of the fisherman's wharf & ocean & enjoy gentle sea breezes, while you dine! AC. A Tascas do Viegas open 9am-11pm, closed Sun. A Tascas (upper terrace) 6pm-11pm daily. Tel. 967 850 975.



RESTAURANTE CASA DO AVÔ - Near Guia (71)

Hidden in the village of Vale de Parra, definitely worth the trip. Enjoy fabulous untouched beaches of Galé, then settle into some serious delights. Indulge in the €15 set menu, lunch or dinner 3 course meal, or try other traditional recipes. Making part of the international 'Slow Food Movement', this restaurant uses organic products for the entire menu which makes the difference in taste & flavour. You are served quality food seated like a king at large comfortable tables, inside or outside on sunny open terrace. Serve yourself buffet table for starters offers over 30 delicious appetizers. Main courses: duck Margret with honey & almonds, lobster gratinada, clam & prawn casserole, stuffed squid Algarve style, prawn pirri-pirri etc. Plain exterior, marvellous food! Closed Mon. & Tues. lunch. Reservations: 289 513 282 or 914 183 774. From Albufeira Old Town (approx. 5km) across 'Dolphin' roundabout, direction 'Guia', across 'Boat' roundabout, pass petrol station, right at next roundabout, go past Allsupermarket, Casa do Avô is 20m on left.



FREEMAP GOLF OFFERS

VALE DE MILHO GOLF - Carvoeiro

BEST VALUE GOLF IN THE ALGARVE
 "Best designed Algarve par 3 layout" - Greg Turner
 "Top Holiday Golf Course" - Dorling Kindersley
 Designed by Dave Thomas to challenge all golfers
 Beginners welcome - Equipment for hire - Lessons available.
NO HANDICAP REQUIRED

GREEN FEE SPECIAL PROMOTION - 1st Nov - 31st May
 Show This Freemaps: 9 holes €20 - 18 holes €30
 With club hire: 9 holes €32.50 - 18 holes €47.50
 With breakfast or lunch: 9 holes €26.50 - 18 holes €38.00
 With breakfast or lunch & club hire: 9 holes €40.50 - 18 holes €57.50

TWILIGHT PROMOTION Unlimited Golf (72)
 €25 - With club hire €40
 November to March after 2:30pm - April to May after 3:30pm
FREE PICK-UP! - Call 282 358 502 to book
 From Carvoeiro & Ferragudo area. Subject to availability, book one day in advance. No service at weekends. Spacious Clubhouse, Restaurant & Bar. Open all day.
 valedehilhogolf@mail.telepac.pt www.valedehilhogolf.com
 Tel. 282 358 502 - Fax. 282 358 497
 Mobile 919 816 560 GPS location: N37.09663° W8.44837°

3 SPECTACULAR GOLF COURSES

CS SALGADOS GOLF 289 583 030
 CS MORGADO GOLF 282 402 150
 CS ALAMOS GOLF 282 402 150
 reservas@salgadosgolf.com
 bookings@golffedomorgado.com

Nov. 09 - 30% Green Fee Discount With Free Buggy (2 people sharing-subject to availability)
 Dec. 09 - Jan. 2010 - 2 players with buggy €99
 Dec. 09 & Jan. 2010 - Twilight after 1pm €30 with trolley
 Call or email to book: **Must Mention Freemaps!**
 Call or email for offers after this time.

SHOE WORLD MUNDO DO SAPATO (71)

Lagoa, Lagos, Albufeira, Almancil & Portimão
FACTORY OUTLETS UP TO 50% DISCOUNT

Clarks ROCKPORT Gabor

SHOE OUTLET (74)

Albufeira (nearest store): Retail Park Albufeira next to Algarve Shopping Guia, New Portimão: on main road EN125, in Portimão Retail Park. Lagoa: on main road EN125, 200mt east of Lagoa. Lagos: on main road EN125, past Odiáxere (1k before Lagos). Almancil: on main Almancil high st. opp car wash.

NIKE FOOTJOY adidas Reebok

FLANNERY'S IRISH BAR (75)

A really friendly Irish-owned & Irish-run sing-along pub. Owner Michael strums the guitar & everyone joins in for the craic! Musicians & Singers Welcome! Draught: Guinness, Carlsberg, Superbock etc. & a wide selection of bottled beers. LARGE SCREEN for All Sports & GAA Games. POOL TABLE, Darts, Dominoes, Connect 4 & Draughts. Air conditioned. Open daily. Enter as strangers, leave as friends'. Beside Hotel California, on the 'bar street', just down from the Old Town Square. Closed, reopens March 2010.



HAVING A PARTY, WEDDING, AN EVENT? (74)

The party season is coming! Sound equipment, lights, entertainment? **THE SOUND CO** can provide all your needs: Sound, Lights, Singer, DJ, Karaoke etc. All types of events: House Party, Bar, Wedding, Public Event, Restaurant, Hotel. Top quality equipment, professional service. Tel. 969 031 257 or 919 604 121. thesoundco@sapo.pt



CERRO GRANDE RESTAURANTE (77)

A fresh Mediterranean restaurant offering something different! With the owners Janette & George's international background, it's no wonder there is such great Mediterranean dining here! EVERYTHING home-made using only the freshest ingredients. Delicious bread, pasta & pizza. Lunch special fantastic value €5.50 to €7! Menu includes veg. antipasti, spinach ravioli, tagliatelle with prawns & pesto, free range chicken stuffed with Parma ham, saffron risotto & green asparagus, rib eye steak, baked king prawns, herb crusted salmon fillet on green organic asparagus risotto plus more. And absolutely delicious desserts: home-made ice cream etc. Great Portuguese wines. Children's portions. **Definitely worth finding. Beautiful seaview.** Open noon-3pm Mon.-Fri. & 7pm-midnight everyday. Bookings: 289 514 787. Free Parking. Follow main road (just before Dolphin roundabout) take left at traffic lights, follow road round to right, look for Allsupermarket. Cerro Grande complex above. Easy by taxi.



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Old Town

ALBUFEIRA

FREEMAPS - The Very Best Shops, Restaurants, Bars, Golf & Activities in the Algarve



Vale de Milho Golf Discount See Golf Offers

QUAD BIKING Off-Road Guided Tours & Rental. (56)

Guided tour on a quad bike through the Algarve countryside. Call Ben (+351) 917 999 810. P/GB/F/E. www.prorent-algarve.com



INTERNATIONAL SAND SCULPTURE FESTIVAL Reopens 2010 (59)

The Worlds Greatest Sand Artists Sculpture 35,000 tons of sand!

MUNDO DO SAPATO

SHOE WORLD

Clarks ROCKPORT Gabor

FACTORY OUTLETS UP TO 50% DISCOUNT

LAGOA - LAGOS - ALBUFEIRA - ALMANCIL - PORTIMÃO

Algarve's largest selection of QUALITY shoes for all the family

All stores open everyday 10am - 7pm, Except Albufeira & Portimão 10am - 10pm

SHOE OUTLET (74)

NEW - Portimão - on main road EN125, in Portimão Retail Park
 Lagoa - on main road EN125, 200mt east of Lagoa.
 Lagos - on main road EN125, just past Odiáxere (1k east of Lagos).
 Albufeira - Retail Park Albufeira, next to Algarve Shopping Guia.
 Almancil - on main high st, opposite the car wash.

For more information Tel. 282 343 065 / www.shoeworldshop.com

adidas NIKE FOOTJOY