

ATRIUM RESTAURANTE ①

Don't miss this beautiful old theatre hall. Every night live music. Wed. & Sat. special Portuguese nights with Fado & Folk music. Specialities: cataplana, fresh fish, shellfish & best quality steaks. Air conditioned. By the old post office, 1st floor. Every evening. Reasonable prices. Tel. 289 515 755.

CASA DA FONTE BAR & RESTAURANTE

One of Albufeira's loveliest restaurants. Secluded open air patio (lemon tree & grape vines). Perfect for lunch & dinner. Delicious fresh fish, steak, chicken piri-piri, great kebabs, sardines, squid, all grilled. Enjoy dinner or drinks by the warm log fire. Half way up stone steps before the tunnel to sea. Reasonable prices. Tel. 289 514 578.

LA LOJAS-LA SHOPS ③

FABULOUS SHOP! The largest & best selection of regional, decorative & functional Portuguese pieces of high quality. They are a Factory Outlet (own brand manufacturer): Fashion accessories, jewellery, footwear, handbags, purses. Great assortment of natural Cork items: handbags, purses, sensational shoes collection, belts etc. All items are made in Portugal & have their own trade mark & respective certificate "Made in Portugal". A must!!! 2 Shops in Albufeira, 1 shop in Vilamoura & 1 shop in Faro. www.lairgalgarve.com

MUSKAAN INDIAN TANDOORI RESTAURANT

New owners! Need your Curry Fix? This is the place! Although not fancy on the outside, you get a super meal here at a very reasonable price! Chef Jash/Jony from Northern India, prepares the delicious flavours of special Northern Indian Tandoori Cuisine. Known for their Muskaan tandoori mix special, king prawns masala, chicken tikka masala, fresh veg, cury, matter panner. Very friendly. 11:30-3pm, 6pm-midnight. CC. Kids menu. Terrace. Reservations 289 541 882. TAKEAWAY 10% Discount Show Freemaps & 5% discounts for groups of 10 adults. Just immediately south from MJ FOOD.

O TUNEL RESTAURANTE ⑤

You're always made welcome by Paulo & Regina in their very friendly, family style Portuguese restaurant. Menu includes very good meat & fish dishes, including Portuguese steak, kebabs, shellfish rice & cataplana (single portions available). Kids menu. Reasonable prices. Half way up steps on left by tunnel to beach. Tel. 289 514 184.

TATTOO & PIERCING STUDIO ⑥

Chef de Tattoo has moved to a new shop! Award winning artist Gje takes time for all his tattoo artwork. Albufeira's well known Dutch tattoo studio is absolutely 100% hospital clean. Yvonne makes professional total body piercings. Beautiful air-conditioned shop, tattoo photo gallery, exclusive piercings sales. Tel. 913 213 718. www.chefdetattoo.nl

LUAU RESTAURANTE - Galé ⑦

Elegant dining room. Cascading waterfall & magnificent grounds. Upstairs terrace with beautiful views. Ultimate romantic evening. Tender toumedos, grilled 'Mirandes' veal chop, 'Mirandes' fillet on the stone, fresh fish, Luau Prawm & chicken cury etc. Truly spectacular. Family friendly. Reasonable prices. Open daily 4pm- midnight. Drinks from 4pm. Reservations: Vidau 289 515 143 or 962 401 536. Wheelchair access. Ideal for parties. Private parking. AC. Head for Galé, over dolphin & boat roundabouts, 1st main road on right up hill. Look for red & blue flags. Look for large sign.

JAIPUR INDIAN RESTAURANT ⑧

Definitely Well worth the Taxi ride (approx. €3 from centre) to find this excellent local Indian restaurant. Delicious Specialities: Kashmir chicken, baltis, Goan fish cury etc. Indian beer; plus all the favourites. Mary & Alex, orig. from 'Paradise on Earth Kerala', South India are kind hosts, nothing is too much trouble for them. Children's menu. Cheerful lime & yellow décor. Reasonable prices. Separate smoking area with outside sea view. Takeaway. Lunch & dinner: Tel. 289 585 707.

AUGUSTO'S RESTAURANT/BAR ⑨

A long time favourite, 5 plasma TVs. Restaurant upstairs through bar: Large portions of delicious international & Portuguese specialties. Reasonable prices: fried prawns & garlic, seafood cataplana, delicious fillet, pepper steak flambe, very popular chateaubriand. Steak Diane, kids menu. Tel. 289 515 738. THE SPORTS BAR & NET CAFE: Very large comfortable Bar. Sky Sports, Giant Screen & 5 Plasma TVs. DJ & Karaoke every night. Large terrace with 2 Plasma TVs. Huge drinks list & all English drinks: Magners, Carling Extra Cold. English breakfast & snacks. FRESH orange Juice. Apple pie & coffee in afternoons. All day 9am-late. Very good price: Internet & email. Great friendly staff.

ADEGA DOM PIPAS / A TRAVESSA ②

2 Lovely restaurants away from the hussle & bussle of the main square, typical Portuguese cuisine. Go for their seafood specialities: grilled cod or their GRILLIS: Fillet steak. Home-made pizza & pasta dishes using the freshest ingredients mix & match the menu. Always busy which means they must be good! Open daily. Tel. 289 588 091.

ALIBABA CHINESE RESTAURANT ⑪

Don't miss this super Chinese Restaurant. The chef (from Hong Kong, worked 10 yrs. in London), serves excellent food at very reasonable prices. Spacious restaurant on 2 floors. TAKEAWAY. 12-3, 6-late. Definitely worth a visit. Tel. 289 589 748.

SHOE WORLD MUNDO DO SAPATO ⑫

Lagoa, Lagos, Albufeira & Almancil CLARKS & GABOR OUTLET STORES. Ladies' & men's styles available at factory outlet prices. Up to 40% discount! Plus Nike Golf Shoes at discounted prices. The Algarve's largest selection of quality Men's, ladies', children's, Sport & casual footwear at unbeatable prices! Everyday 10am-7pm, Albufeira till 10pm. Tel. 282 343 065. www.shoeworldshop.com 4 locations: Albufeira (nearest store): Open 10am-10pm Retail Park Albufeira next to Algae Shopping Guia. Lagos: on main road EN125, 200m east of Lagoa, Almancil: on main Almancil high st. opp car wash, Lagos: on main road EN125, just past Oslaxeira (1k before Lagoa).

Clarks Gabor adidas NIKE FILA

OLD TOWN ALBUFEIRA

Map not to scale!!

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WINES, SPIRITS & TOBACCO GARRAFEIRA WHY NOT (A) Estb. 1983. Best Portuguese Ports, Wines & Spirits. Lowest prices! Tobacco by carton. Credit cards accepted, no commission. 6 shops in area.

SUPERMARKET APOLÓNIA Apolónia

A different concept of 'the supermarket'. An extensive selection of groceries, gourmet & organic products. Superb fresh produce, exotic fruits. Excellent butcher with finest meats: roasts, BBQs, & pre-prepared meats. Superlative patisserie, fresh baked breads, & unique desserts by the piece or to order daily. Countless imported English & other products, the biggest selection of imported products in the Algarve! Lloyd Grossman soups, De Cecco pasta, Ceres juices, PG teas, Ambrosia desserts, HP sauces, Colman's, Blue Dragon, Weight Watchers, German beers, Swiss/Belgian chocolates, imported cereals, health products etc. Hundreds of uniquely selected wines & alcohol! All fairly priced. Apolónia is more than an outstanding supermarket it's a trip around the world! Everyday 8am-3pm in summer, 8pm in winter. Follow signs for Galé & the signs for Apolónia Supermarket.

0 DIAS SEAFOOD RESTAURANT ⑬

In original fisherman's cottage. Reknown for 30yrs among Portuguese! Traditional old style charcoal grill. Wonderful daily fresh fish, meat & fish kebabs, salmon, steaks, lamb chops, chicken piri piri, king prawns, lobster etc. Go directly to tables at back of restaurant to watch your fish or meat being grilled. Small balcony with really good view directly over town beach. Tel. 289 515 246.

THE YARD SMOOTHIE BAR ⑮

Absolutely Fabulously Terrific! And good for you too! Mario who's worked on 7 Continents, helps you choose the best for you!

THE YARD Smoothie Bar

Maximise your energy, immune, vitality, lower cholesterol, anti-oxidant (+ info on calories, carbs & protein). All pure fresh fruit, tropical fruits, berries, ice cream & even Vegetables. A fantastic new way to keep fit, healthy & enjoy a refreshing taste. Salads, sandwiches & Greek pita, just some of the other snacks at this stylish bar. Eat in or takeaway. Great for the beach! Open daily.

- FREEMAPS Your 'TRAVEL BIBLE' -

Make you £ or € go further! Freemaps takes the hard work out of finding a special restaurant/pub or fun activity. We anonymously sample 100's of restaurants every year & pay as any normal client would. Then tell you which ones give you great value offers & unique deals, without forgetting cleanliness in kitchen/washrooms. We know you want a fun extravagant night out too, so we don't forget those! Plus we're filled with Special Offers: Restaurants, Golf & Activities! If you're a tourist or Resident: Don't leave home without Freemaps! Working hard for you for 19yrs!

www.freemaps.net

ROCK CAFÉ BAR ⑮

Incredible Rock Bar! New Cool Decor! In Main Square Albufeira. Live Music! Nightly. 2 of Algarve's best rock bands! 2 excellent DJs. Main floor: 5 plasma screens. Upstairs: open kitchen pasta, steaks, etc. till 2am. DJ. GAA SKY SPORTS. Snacks all night! Fabulous cocktails. Guinness, John Smith, Strongbow & Boddingtons. Spectacular atmosphere, very comfortable. One of Albufeira's liveliest night spots! The 'In Place' to be! Open 6-3am.

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PICCADILLY BAR ⑮

Don't miss this small bar! Fabulous atmosphere. Long time popular spot to drop in for a pint. Fantastic at night! 6 Large Plasmas. 4 TVs. Guinness, John Smith, Boddingtons, Strongbow, Superbock on draft. Great Cocktails! Just try the SEX BOMBI! Snacks all day. Large sunny terrace. Good prices. Happy Hour 6-9:30pm. 2 large terraces on each side of the entrances. Great for men while the women shop!

DOCE JARDIM 'SWEET GARDEN' RESTAURANTE CAFÉ ⑰

This large terrace restaurant is one of the best places to watch what's happening in the Main Square. Live music, with Johnny Hooper on the Sax, in square 11am-2pm, while relaxing with a delicious meal, snack & drinks. Lovely comfortable air-conditioned restaurant inside. Snack menu & Full menu from steaks to seafood, home-made pizza & delicious ice creams at reasonable prices. Open 7 days, breakfast - late night. Tel. 289 513 832.

SAXOPHONIST - JOHNNY HOOPER ⑰

"Johnny Hooper plays with a lot of soul & a great tone" HERB ALPERT Spend some chill-out time listening to wonderful music from this superb top UK saxophonist & entertainer, performing live in 'The Square' 11am-1pm, Mon, Tues, Fri. You can buy his excellent CDs to take home! For a really cracking night out, see his brilliant & unique 'show nights' at Johnny Hooper's Saxophone Bistro', in the New Town. Rapidly gaining rave reviews from TripAdvisor.com! Bistro reservations: 963 176 635. Location of Bistro see # 12 on Freemaps 'Albufeira The Strip'.

BUDDY'S RESTAURANT / SNACK BAR ⑳

Welcoming staff & a great view of the main square make Buddy's the perfect place for a break! Huge varied menu! Full English breakfast. Hamburgers, hot dogs, Indonesian saté, fillet or gammon steaks, Fish & chips, chicken piri-piri. Wonderful pancakes & ice cream. Kids' menu. Large terrace. Open 9am - midnight.

HOLLANDS EETHUIS

Hollandse snacks Frikandel special, Broodje Hroket. Divers schotels, Nasi, Shoarma, saté schotel, Pannenkoek.

A FUN DAY OUT FROM PORTIMÃO

PIRATE SHIP "SANTA BERNARDA"

Cruise on this traditional, marvellously restored 25m wooden sailing vessel. Cave expedition, coast trips & beach BBQ. Ticket stand in Portimão harbour. Tel. 967 023 840. info@santa-bernarda.com

TÃ BOM - IT'S GOOD! RESTAURANT ㉑

A gem hidden on back street, 1 minute from centre. Chef Wouter (Dutch) & Kathleen (Philippines) mix talents to create edible masterpieces! Only the freshest organic ingredients. All home-made. Changing menu: marinated tomato salad with sesame crusted goat cheese, shrimp cocktail, mango & whisky sauce, curried chicken sandwich, veg. cataplana, Moroccan chicken with pumpkin couscous, spicy steak, pork & prawn skewers etc. Wonderful desserts. Children's menu. So good, you'll return every night! Lunch & dinner, closed Sunday. Tel. Wouter 926 736 571.

MEXX FACTORY OUTLET ㉒

ONLY MEXX factory outlet in Europe. More than 50% DISCOUNT! Fabulous Bargains on Men's & women's clothing. Good Quality at Discount prices. Tel. 289 514 963.

APUMANKE ㉓

Fantastic dresses & kaftans, in natural fibres, many colours, to big sizes. Beautiful silver jewellery, natural stone: amber, opal, amethyst, citrine, zirconite, garnet & pearls. Very original! Also: sarongs & bags all in one shop! Don't miss this! Take stone stairs on right of tunnel directly across from the tourist office, Apumanke is ½ way up the steps, beside Casa da Forte rest/bar. Men have a drink while women shop! Tel. 289 512 420.

RICARDO'S PIZZARIA & RISTORANTE ITALIAN ㉔

Very special restaurant. Delicious home cooked Italian food, renovated 4-storey town villa. Go straight to top floor for table with fantastic sea view. Tel. 289 515 711. Ist wirklich ein Paradies für Feinschmecker. Italienisch Küche vom besten.

A TABERNA DO PESCADOR RESTAURANT ㉕

Your meat, fresh fish etc, are grilled right in front of you on the large charcoal BBQ in Rogério & Elisa's inviting 'Fisherman's Tavern'. Or enjoy delicious live lobster & crabs from the aquarium, monkfish rice, Fisherman's tiger prawn plate, seafood Cataplana, vegetarian dishes etc. Finish with super white & black chocolate cake! Huge glass wall overlooks Albufeira's walking street, & outside terrace. 10:30 -3pm 6pm-11pm Tel 289 589 196.

Freemaps On Line See: www.freemaps.net

BAILOTE RESTAURANTE: ㉖

Excellent restaurant with beautiful decor. Specializing in some of the best traditional Portuguese cuisine in Albufeira: seafood dishes, cataplana, grilled fish. Plus marvellous succulent steaks, fillet steaks, stone steak (Chateaubriand) & superlative home-made pizzas & pastas: papilone, fettucini, carbonara etc. Enjoy their beautiful dishes surrounded by the paintings of the famous painter Bailote who painted here all his life when this was a popular local café. Reasonable priced. Open all day. See www.sao-vicente-hotel.com The terrace café is the perfect place for people watching, till 6pm. Huge snack list & full menu, including delicious pasta wraps with prawns & mussels. Spotless washrooms. Restaurant Bookings: 289 583 370. On Tunnel Street. 100m from beach.

JULIE'S BOOK SHOP ㉗

Large selection of 2nd HAND BOOKS 4 languages: GB, NL, D, F, from €2. They also buy. Up to €150 refund on returned books. Mon.-Fri. 10am-4pm, Sat. 10am-1pm.

TRAVELLING AROUND THE ALGARVE? ㉘

Don't go anywhere without your FREEMAP! All 8 maps covering the Algarve can be picked up from M & Js Food & Freezer Store, see # 61 on this 'Albufeira Old Town' Freemap. Pass by for your Freemaps!!

THREE CROWNS RESTAURANT ㉙

Set in the old castle walls this is a long time favourite, established 40 years. Really fresh fabulous food. Rustic dining rooms & terrace, set amidst Fig & Olive trees overlooking the sea. Tender fillet steaks & pepper sauce, veal escalopes with port wine, prawn kebabs, honey roast chicken piri, sole meunier with seafood, fresh garden vegetables. Everyone loves it! Very reasonable prices. A genuine welcome from Victor & José. Booking advisable. Lunch & Dinner: Tel. 289 512 640. Re-opened & re-furnished!

TUT EGYPTIAN RESTAURANT ㉚

Unique! Walk into TUT restaurant, fabulous décor like an 'Egyptian museum'. 4 chefs prepare marvellous dishes: from Egypt, Morocco & Tunisia: couscous, kebabs, lamb tika, grilled chicken & fish, falafel, shoarma, tagid & many vegetarian dishes with flavours & aromas of the east. Afterwards retire to a 200 yr. old Arabian tent as if in 1001 night! For coffee, be surprised with huge range of Arabic sweets & water pipes with 25 flavours. Smoking area. You'll be served like King Tut here! Everyday, 10am-late. Tel. Hassan 936 478 088.

CAIS VELHO RESTAURANTE ㉛

João & Madalena have now restored their family fish market into a chic restaurant. Set on fisherman's beach with fabulous view, huge sunny terrace & delicious food. This is an unbeatable venue for lunch or dinner: A vast selection of fish, clams in garlic & wine, prawns, delicious cataplana & real Spanish paella. Also meat specialities including rack of lamb, fillet steaks, chicken piri-piri etc. Snacks (+ pizzas) till 6pm. Full menu all day. Family friendly. 10am-midnight. Tel. 289 512 221. www.caisvelho.com

VISUALOPTICA Eyecare ㉜

FREEMAP Offer: 15% off all purchases show FREEMAP! Huge selections of name brand sunglasses & eye glasses. Look fab in Ray Ban, Gucci, D & G, Roberto Cavalli, DKNY, VISUAL OPTICA, Oakley, Prada etc. Glasses made in one hour. Complete free eye tests. Adjust & clean glasses free. Extreme cool: Change your eye colour with fashion contacts only €20! (no 15% discount). Fashion eyeglasses straps Owners Teresa, optician & João give superb service in English. Great prices! Number one stop for eye care! On main bus station road. Ave Liberdade 128. 10am-8pm, closed Sun. Tel. 289 582 047.

PAMPERING & WELLBEING ㉝

PHARMACON ㉞

FEEL WELL! All non prescription Pharmaceutical Products. Plus Natural medicines, vitamins, many Homeopathic remedies. Advice given on use of products. Plus full range of cosmetics, sun screen products etc. Consultations Dr. Alain Jumel. Tues, Wed. & Thurs. by appointment only: Osteopathy, Acupuncture, Homeopathy, Herbs, Nutrition & Chinese Massage. Tel. 289 586 665. Hours 9am-8pm.

TASCA D'ALKHAZ RESTAURANT/BAR ㉟

Good food, very reasonable prices, perfect for families. Pizzas, pasta, kebabs, stone steak & Portuguese dishes. Lunch specials from €5. Kids' happy meal. English breakfast. Snack menu from €1.50. Delicious ice-creams & cakes. All Sky sports. Before tourist office on rt.

HAVING A PARTY, WEDDING, AN EVENT? ㊱

Do you need sound equipment, lights, entertainment? THE SOUND CO can provide all your needs: Sound, Lights, Singer, DJ, Karaoke etc. All types of events: House Party, Bar, Wedding, Public Event, Hotel Restaurant. Top quality equipment & professional service. Tel. 969 031 257 or 919 604 121. thesoundco@sapo.pt

JAPANESE RESTAURANT FUJI Since 2002 ㊲

"Try something different". "Lovely Japanese restaurant". Excellent chef, many years experience. Best place for sushi lovers. Spotlessly clean & comfortable. Finest quality fish & meats. House specialties: Teppan Yaki cooked at your table, delicious tempura, sushi, sashimi, sukiyaki. "It's not just sushi, many other 'cooked' dishes at reasonable prices". Japanese food is delicious & extremely healthy! Takeaway service. Tel. 289 587 483 or 914 796 648. Open 12-3 & 6-11.30. On the Sta. Eulalia road at the bottom of the road before the roundabout situated near Oura Praia Hotel, beside Intermarché. Diagonally opposite Martiniques. Easy by Taxi.

COCONUTS #2 - Montechoro Strip ㊳

John & Alice welcome you with the best of British & Portuguese food. A full & varied menu, daily specials breakfast, home-made pizzas & kids menu. Food served all day. Good bar prices. All sports shown on 20 TVs & 4 giant screens. Join the fun at Coconuts 2. Open 9.30am-2am. See Albufeira 'The Strip' map #1 for location.

SUPERMARKET / TOBACCO, NEWSPAPER & SPIRITS SHOP ㊴

At last its here! One stop 'find everything franchising' in Albufeira is now open. The only supermarket on the street, don't carry heavy bags home spend €50 he will deliver for you! Very reasonable prices, fresh foods, speaks English very friendly. Foreign goods sold, you need it he has it, milk bread everything, they accept sterling too! Open everyday.

BISTRO BISTRO TEQUILA ㊵

A unique oasis 50m from the square. This busy, cosy, cafe offers tastes from around the world: Thai cury, pasta, fillet steak, King prawns + vegi dishes. Home-made desserts include tiramisu & apple crumble. All food is freshly prepared using the best local produce. Even the chips are REAL. Warm ambience with sunny music, games, colouring & magis. Bookings: 967 046 332.

GUCCI DKNY D&G POLICE ㊶

Ray-Ban GUCCI DKNY D&G POLICE

PHARMACON ㊷

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