

- MONTE CARVOEIRO -
Janta neste largo romântico, perto do centro do vila
Dine in the romantic family friendly square. Walking up hill by Sully's, up steps at side of Tia Ilda, cross road, go left then right & up hill, enter MC by archway on left. **By car: follow bright orange signs to Manoel's Jazz club this will take you right up to MC.** Walk under arch marked 'Entrada' to lovely square. A 5 min. walk, 4 min. drive from village. Lots of parking. **Or Follow Red arrows!** →

Restaurante O SALMÃO - Monte Carvoeiro ①
A NÃO PERDER! Peixe fresco, pratos de carne variados, sobremesas deliciosas. **NOT TO BE MISSED!** Chef Ed & wife Cristina have run their own restaurant for 30yrs in the Algarve, now assisted by their daughter Ana. **Serving the best of:** fresh seafood, fish off the bone, tender steaks, lamb, chicken pin-pin & more! All with fresh vegetables. Home-made desserts, daily specials, vegetarian meals, children's menu. **Every Sunday night Roast beef & Yorkshire Pudding.** Friendly, professional service in a relaxed atmosphere. **Open 6pm-late, closed Mon.** Tel. 282 357 031.

Restaurante STONE STEAK - Monte Carvoeiro ②
Os melhores bifes na pedra, peixe e camarão, Jantares.
Excellent Stone Fillet, Sirloin Steak, Fish & Prawns.
Evenings. Children's menu. Look for the black & white tables & chairs. Large terrace. AC. Tel. 282 357 730
Ausgezeichnetes Filet & Sirloin Stone Steak, Fisch & Scampi. Abends.

MANOEL'S JAZZ CLUB Tel. 917 241 114
Memórias do famoso Manoel Guerreiro. ③
Downstairs Unique Club: Algarve's most renowned Jazz club. Frammed with memorabilia of the famous Jazz player, Manoel Guerreiro. Live music: Tues, Thurs, & Fri. **Upstairs Classic Cocktail Bar:** Fabulous ambience. Live music, classic cocktails & Portuguese wine. Private parties booked. **March & April: Live music on Fri.**

ELLIOTT'S RESTAURANT - Monte Carvoeiro ④
Uma mistura de sabores para o servir.
Corky (cooking over 20yrs, originally from Guemsey), Alex (from Lisbon), daughter Kelly & grandma Elliotts: live to make the family business a favourite in Monte Carvoeiro. Guestbook filled with compliments from around the globe. Enjoy: unbelievable Lobster Thermidor (24hr notice), Corky's crispy fish 'n' chips, salmon with prawns, fish, seafood, steaks, pork, chicken, vegetarian dishes, international cuisine, traditional Portuguese dishes & more! Home-made desserts. **Dine inside on beautifully tiled tables or on the terrace over looking fountain & palms.** Safe outdoor environment for children. Call to avoid disappointment. Tel. 282 356 096 or 967 927 494. 6pm-late. **Easy ample parking!**

JAILHOUSE Tel. 282 357 381 ⑤
Divirta-se com a música de Boby Stardust!
One of Carvoeiro's oldest & best live music venues. Music EVERY night at 10.30pm (ish) by Dave aka "Bobby Stardust". **Dance to everything from pop to rock, 60s to 00s.** Guest musicians welcomed! "Class act" concerts before the live music, then late night disco afterwards. Pool tables & outside garden area. A great night out for all ages & nationalities. All Rugby league matches shown!

JOKER BAR Tel. 282 183 701 or 918 763 284 ⑥
Reconhecido pelo seu excepcional 'English Breakfast'!
Feel at Home with Sara in her family friendly bar. Everyone swaps e-mail addresses here! Great home-made food from 10am-very late. Renowned for one of the best English breakfasts, Fukka Pies & daily specials. **All live sports, Sky, ESPN & ATR.** Karaoke Wed. & Sun. Dartboard. Draught: Guinness, Stella, Sagres, Fosters, Strongbow. Free Wi-Fi for customers. Try their famous 'Little Oasis' Cocktail. Opp. 'Happy's' down ramp. **Easy wheelchair access.** www.joker-bar.com

IRISH TIMES BAR Tudo como na Irlanda!
You're invited to join Graham & David in the Irish Times Bar & Restaurant. Super home-made food served 9am to 6pm. English breakfast, baguettes, salads, variety of pies, fish & chips, bangers & mash. Traditional Sun. Lunch noon-5pm. 3 Large Plasma TVs for all sports & G.A.A. games. **Great atmosphere downstairs at Safari bar for night people with fun filled Aaron (previously Angels) with a small dance floor & karaoke Fri. & Sat.** Tel. 282 182 897 or 967 154 277. ⑦

RESTAURANTE VILA NOVA ⑧
Aberto todo o dia. 18 anos a servir comida tradicional Portuguesa e Internacional. Excelente vinhos.
Open all day, 18yrs serving typical traditional & International food. Exotic dishes: salmon with honey, lamb chops with aromatic herbs & French mustard, duck breast with forest fruit sauce, grilled fresh fish, giant tiger prawns in African sauce. **Excellent wine selection.** **Lovely large terrace.** Open 11am-midnight, closed Sun. **Bookings 282 356 011.** Gûte traditionelle, portugiesische Gerichte zu günstigen Preisen.

RENDEZVOUS - Monte Carvoeiro ⑨
Uma experiência única! Vale à pena visitar.
Bärbel & Fernando (30yrs experience in Hotels & Restaurants in Germany), invite you to their Bar/Restaurant. 60's to 90's dancing hits, dinner/drinks. A 2 course meal with drink from €23.50. Try the fantastic Portuguese treat: country sausage sauté with home baked bread €6.50. **Join them for a Dancing Night!** Well worth a visit! Open 6pm (summer-5pm)-late, closed Thurs. Tel. 925 548 417. Kamineuer* Intern. Küche * Bar * Tanzfläche * Musik 60er - 90er * romantischer Platz m. Brunnen & Palmen * Urlaubsatmosphäre pur * Mit freundlichen Grüßen

VIMAR RESTAURANT & BAR ⑩
Um restaurante tradicional português.
Grande esplanada. Almoço e jantar.
Lovely, traditional very comfortable Portuguese restaurant. Delicious Int. & Portuguese dishes: chicken cataplana, monkfish kebabs, BBQ Ribs, many fresh fish & shellfish etc. all with fresh veg. &/or Salad. Kim's experience ensures delicious food & very good service. **They try harder!** Back/terrace room, perfect for large groups & parties. Enclosed children's play area at back. Reasonable prices. Near Tivoli Hotel. Gûte traditionelle portugiesische Gerichte, günstigen Preisen. Tel. 282 358 322.

BAR IMPREVISTO ⑪
Aberto todo o dia com uma ampla e agradável esplanada
Open all day, Brothers Paulo & Nuno serve: snacks, cocktails, milkshakes & a varied selection of (local) & international beers inc. **Draught Guinness** on their comfortable terrace. Large music choice. **ESPN Live, SKY Sports, Sport TV & Eurosport,** football, rugby, cricket, golf etc. Perfect for people watching & relaxing.

RAFAIOL'S ALFANZINA ⑫
Decoração rústica, comida deliciosa!
A roaring fire, rustic décor & generous portions of wholesome delicious food make this a very special 'retreat'. Sunday roast lamb; pink as it should be, with melody of fresh vegetables & pan fried potatoes with onion, garlic & parsley is a definite reason Rafaol is busy. (at €13). Other worthy specialities: sauté scallops with garlic butter; grilled tiger prawns, wonderful monk fish wrapped in bacon with grilled prawns, rack of lamb, duck with port wine sauce, surf & turf. **Open 6 days from 6pm** (summer from 6.30). Terrace for warmer evenings. Reasonable prices. **Bookings advised: Peggy 282 357 164 or 966 844 426.**

Algarve Book Cellar Book Exchange ⑬
Livros ingleses em Segunda mão.
Huge selection: English, German & Dutch, inc. some children's titles to suit most tastes. Refunds on return. Tue-Fri, 9.30am- 5pm, Sat, 9.30am- 2pm. DVDs, CDs, Audio Books & Cards Tel. 282 354 310. Email: Raymond.Crompton@gmail.com

CARVOEIRO CLUBE DE TENNIS - Tennis, Fitness & Leisure ⑭
Todos os desportos.
Much More Than A Tennis Club! It's Carvoeiro's meeting place!
12 courts: grass, clay & flexi. **Tennis tournaments:** weekly meet & mix. Individual & group lessons. Pro shop, stringing service. Join in one or more classes: aerobics, stretching, total body, jazz, funk, hip-hop, tap, ballet, tai chi, pilates, fitball, yoga & Zumba. **Gym 400m²** with personal trainer. **Billard & tennis tables, mini-golf, children's playground.** Physiotherapy, hair, beauty & nail studios. Spatless & friendly environment. Free use of pool if you have a snack. Very reasonable priced restaurant. **www.tenniscarvoeiro.com** email: geral@tenniscarvoeiro.com Speak GB, NL, D & P. Tel. 282 357 847.

BRASSERIE ROSAL ⑯
Nico & Andi fazem da Brasserie Rosal um paraíso para apreciadores da boa comida.
Nico & Andi make Brasserie Rosal a must for everyone who likes excellent food. Cuisine & attention to detail outstanding. Exclusive set choice menus plus à la carte & daily specials. Fantastic Tuesday night BBQ with live music from Zoran & his incredible guitar. Directions: follow signs from Carvoeiro, Tivoli Hotel & Rocha Brava. From Lagoa on N125 direction Faro turn right immediately at light by Intem. School, (Benagal), drive 2.5 km, turn right on first paved road, (Vale d'el Rei) follow signs 'Brasserie Rosal' or from Carvoeiro drive up 'Estrada do Farol', turn left on 'Rua dos Moinhos' & follow signs to 'Vale d'el Rei' (10 min drive). **Advanced booking essential.** Open Mon.- Sat. from 6pm. Tel. 282 343 250 or 939 000 854. www.brasserieirosal.com brasserie-rosal@yahoo.com

EASYGO HOLIDAYS - Travel Agency
Todos as informações para viajar!
Cristina, Filipa & Anabela 'locals' with the answers to all your holiday questions in English! **AIRPORT TRANSFERS.** Great rates: mini bus hire for golf or family tours, with or without driver! Car hire. All excursions! Accommodation: apartments, hotels, villas across the Algarve. Plus all other tourism services. Friendly, honest reliable, personal service. mail@easygo-holidays.pt www.easygo-holidays.pt

ISLAND CAFÉ - Sesmarias ⑰
Incríveis cozinhados com um toque de surpresa.
Incredible food with a pinch of "WOW!" Dive into the grilled salmon, jumbo lump crab cakes, fall-off-the-bone BBQ ribs, home-made desserts, summer salad!
Spectacularly presented meat dishes. 'Open concept' kitchen. 2 course special €12.50, from 1st Nov. - 21st May 2010, served all day, changes monthly. **Sunday roast 1-4pm.** Drinks till late. **Relax on terrace or dine in style inside.** Huge wine list. Very helpful staff & sparkling clean. Meals noon-late. Carvoeiro: direction Sesmarias/Pestana Golf, at water tower turn left. **Just inside entrance to Presa de Moura.** Look for twin palms with twinkle lights at night. **Take-Out available.** Tel. 282 353 406.

MA-JA'S RESTAURANT The one away from the others!
Comida caseira, absolutamente fantástica.
The food is simply incredible! All home-made by qualified, UK chef extraordinaire Mark Classic English fayre: marvellous proper English pies & Sausages, Caserolos, Fish/Scampi & Chips, Breakfast Menu. Dishes from around the world: Fajitas, Pastas, Nachos, Vegetarian. Yummy desserts & much more, in a warming, cosy atmosphere. **Traditional 3 course Sun. Lunch & Daily Specials including wine!** Well worth a visit. Young adults welcome. Closed Mon. & Wed. Tel. (+351) 912 684 052.

PRAÇA VELHA Old Market ⑱
Cerâmica pintada à mão de todas as regiões do País.
Eye catching display some of the best buys: traditional hand painted Portuguese ceramics from all regions. Beautiful range of colours & designs. Huge selection of plates, mugs, vases, tiles, lanterns, number plates etc. Also hand made & coloured glassware, Algarve seeds, hats, bags, scented lamps & candles. Original hand-made pieces from local artist, behind cashier. Great gifts. Very reasonable prices. **Excursions/Waterpark tickets on sale with discount!**

RESTAURANTE & BAR JOÃO'S ESTRELA DO MAR ⑲
João mudou-se do Bistrot Bar Ilgar Seco para o seu novo Restaurante! **Chef João moved from Algar Seco to his 'sparkling glass bistro'.** He gives special attention to everyone! Huge menu: Papaya & mango salad, fresh fish, shrimp curry, sole meuniere, Grilled T Bones, Chicken piri piri, wonderful Kebabs, fillets (€14.50), Sun. delicious roast lamb. **Summer BBQ's 3 mixed meats, veg, wine by jar & dessert €12.** Snacks: all day English breakfast, Chip butty, sausage sandwich etc. **Everything cooked to order, not precooked.** Prices are so good, book for evening meals! 10am-11pm, food from noon. **After dinner drink offered.** Tel. John 282 358 075 or 968 740 836. Lots of parking.

ANTONINO'S RESTAURANT ⑳
Um paraíso no Benagal!
A paradise, amidst orchards & vineyards by Benagal's spectacular beaches. Antonino & Ina Victoria treat you to traditional cooking & innovative dishes: duck breast & apricots, flambé pepper steaks, roast rabbit, fresh fish of the day, black pork medallions, prawns del Rei etc. Diners always return! From Dinner for 2 to groups. **Carvoeiro's largest venue.** Reasonable prices. **Lovely terrace.** From Carvoeiro, E on 125, past International School Immed. Rt, follow Marinha beach signs (3.5k), at Rustico rest., right at roundabout up hill, 300m. From Carvoeiro by back road, (5km) immed. before Rocha Brava, go L, follow signs to Benagal in tiny Benagal Village bear L, down & up big hill, follow Marinha sign, past Linda Mar straight over at Rustico Rest, up hill 300m. GPS N37.1005° W008.42168. Wheelchair access. 11.30am-3pm, 6pm-late, closed Thurs. Tel. 966 780 803 or 282 353 077.

MAP NOT TO SCALE!

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AB10

GNR - Police: 282 356 460 Emergency Number: 112

CASA ALGARVIA Tel. 282 357 604 ⑳
Restaurante agradável típico português.
Very typical comfortable, Portuguese restaurant. Very friendly, extremely popular. **Celebrating 22yrs as one of the best value for money restaurants in Carvoeiro.** Very, very good food. **Packed most nights, go early!** Huge choice: fresh fish, red chicken pin-piri, stone steak, cataplana, stragounoff, shrimp curry etc. Open every day for lunch & dinner 12.30-3pm & 6-10pm. **Book for groups.** Gûte traditionelle portugiesische Gerichte, günstigen Preisen.

A FONTE RESTAURANTE ㉑
Restaurante familiar. Comida Típica Portuguesa.
José, daughter Lidia & wife Olga serve family style: BBQ chicken, sardines & fresh grilled fish, lamb chops, cataplana for 2: €22.50, monkfish rice for 2: €22.50. Large Terrace & indoor restaurant. **Very popular with Portuguese & local residents.** Very reasonable prices. Book to ensure table. Open 12-2.30 & 6.30-10.30. 7 days. Tel. 282 356 707.

MARISQUEIRA Tel. 282 358 695 ㉒
Restaurante simpático com 27 anos de existência.
This very real, friendly, local place is absolutely great! For over 27 yrs, Victor, João & same staff serve very fresh fish, shellfish, lamb chops, chicken piri-piri etc. all charcoal BBQ'd outside. **YUM!** Locals love them. Eat inside or on terrace. Very reasonable prices. **Few left like this!** Closed Sun.

RESTAURANT PIMENTA PRETA - Palm Gardens
Menu Internacional espectacular a mudar semanalmente.
Nuno's made his mark on the restaurant scene in Carvoeiro with talented, creative chef Pedro Luis. It's their attention to every detail that makes the difference. Fabulous choices: scallops on curried aubergine, apple & coconut milk; sea bass fillet with almond & ginger crust & coriander pesto, rack of lamb with pistachio sauce (terrific), salmon crusted with mozzarella, lamb shanks marinated in wine, duck breast with rose pepper & chocolate vinaigrette, steaks with fabulous sauces. Starters & Deserts are equally wonderful, including the indomitable hot chocolate cake! **Definitely unbeatable!** À la carte & tasting menus: 3 course €24.90 & 6 course €44.90. Daily 6.30-10.30pm. **Reservations a good idea:** Nuno 282 350 281 or 962 441 493, Tito 967 536 793. www.iguarias-apuradas.pt geral@iguarias-apuradas.pt

DEUTSCHE ARZTPRAXIS - GERMAN MEDICAL CLINIC ㉓
Consultório Médico Alemão. Seg/Mon/Mo - Sab/Sat/Sam 10.00-13.00 & 17.00-19.00. House calls, languages spoken: DE, PT, GB. Tel. (+351) 282 356 339. 24hr Emergency: (+351) 962 618 588.

POÇO PARTIDO RESTAURANTE ㉔
Comida portuguesa com sabor Português.
Antonio is back! After 19 years owning one of Carvoeiro's most popular restaurants, 'A Galé'. Specialities: very fresh fish & kebabs shrimp, lamb, fillet, Tomado, pork etc. Plus a great variety of Portuguese food. **Destined to be extremely popular.** Portuguese Prices. Antonio's lovely wife cooks. Very comfortable. **Hard to beat!** Parking. Bookings: Antonio 964 174 483.

BRASSERIE MARINA RESTAURANT & BAR ㉕
Ambiente acolhedor, comida internacional ao estilo mediterrânico maravilhosa, preparada e servida.
Aart & Marion offer excellent food beautifully prepared & served. **Dine inside by the log fire.** International specialties with a Mediterranean style: lamb filets in honey thyme sauce, fillet, steak, giant Tiger prawns, their famous oxtail in port, calf's liver in Madeira sauce & fresh fish daily, selected from the market. Every Sun. crispy duckling in orange sauce. **Don't miss Carvoeiro's long time favourite.** (near the famous Marinha beach). **WORTH THE DRIVE!** From Carvoeiro on 125, at light immed. past International School go R, follow MARINHA beach signs (3.5k), at fork bear R, its on your R. From Carvoeiro by back road, (5km) immed. before Rocha Brava, go L, follow signs to Benagal, in tiny Benagal Village bear L, down & up big hill, follow MARINHA sign, past Linda Mar, go R, at Rustico Rest., 50mte on your L. **Bookings advised, open 6.30pm, closed Mon. Special 3 course meal €19.50 per person!** Tel. 282 342 736. brasserie marina@proximl

TIA ILDA Tel. 282 357 830 for bookings
Um dos melhores restaurantes com terraço, vista mar.
Excelentes variedades de comida, grelhados no carvão Aberto Fimozgo & Jantar Peixe, Marisco, carne e outros. **Spectacular roof-top terrace with fabulous ocean view.** Chef's wonderful cooking, all charcoal grilled on the terrace. BBQ, Portuguese, Italian, Swiss, Fondue, International & tapas. Wines & Beer (Super Bock). **OPEN Lunch & Dinner,** Families welcome (children's menu). Great for groups!
Super lokal im herzen von Carvoeiro. Einmalige Aussicht über den Atlantik! Terrasse Am Meer- das kulinarische essen bringt sie immer wieder zurück- portugische Küche, italienisch, Schweizerische Fondue, international und Tapas **Kohlen grill** auf der Terrasse. Familien freundlich (Kinder Menü).

RESTAURANTE "O NUNO" ㉖
Restaurante familiar. Comida Típica Portuguesa.
You're one of the family with Francisca & Nuno. Wonderful family style meals on what was once their original farm. Lunchtime meals from fresh fish Nuno has caught & Francisca cooked to huge chicken legs with onions & mayo etc. **Dish of the day from €5.50, 3 Course Menu €12.** Evening Specialities: oven roast lamb & mint sauce, chicken piri-piri, pork fillet, sole & almonds, fresh fish, fish & chips etc. **Covered terrace, fireplace.** Parking.

RESTAURANT "O BOTECO" ㉗
A verdadeira tradução da palavra "paraíso"! **This is what the word paradise means!** Unique wooden restaurant on cliff overlooking Paradise beach & coves. Sunny terrace & a warm inside. **Watch every cooking in the open kitchen or outside on charcoal BBQ.** Daily board specials with international & Portuguese food. Kids' menu. Garden with play area. Reasonable prices. Open Daily. Tel. 282 357 265. www.graopara.pt

CHEERS WINE & COCKTAIL BAR
O lugar famoso onde todos sabem o seu nome.
Try their selection of Portuguese wines & Ports. Fabulous cocktails. Moët & Chandon by the glass. Daily drink special. **Hosts Moët & Kurt since 1999.** Jeden Donnerstag Deutscher Stammtisch. Tel. 936 212 773. www.carvoeiro-cheers.com

HARRY'S BAR ㉘
Bar Inglês, todos os desportos, comida Inglesa.
Join Bob & well known local crew Debbie & Richard, at this all time favourite bar; they keep returning! **The Biggest 5t. Georges Party in Carvoeiro Fri. April 23rd!** English snacks all day from 8:30: English breakfast, ploughmans lunch, fabulous sandwiches, liver & onions etc. Afternoon cream teas! **All Sports on plasma, Quiz nights, live Entertainment, 'Girle Nights Out', men allowed after 11pm.** Sunny terrace! Make it your local! Easy Parking. Open 8:30 till late. Tel. 911 060 727 or 917 886 986.

TAPAS BAR BODEGA ㉙
A vida começa aqui, com tapas.
Life begins here...CHAMPAGNE by the glass & wonderful tapas! Try Tapas to share for two! Outstanding wine selection! **Ideally situated, overlooking beach!**

BISTRO 72 ㉚
Bar/bistro animado com noites temáticas, comida caseira.
Bistro 72 introduces a great new concept to Carvoeiro. A lively bar, an original & different place, to have anything from a drink, snack or meal or book a private room upstairs to celebrate with your friends (at no extra charge) or enjoy their theme nights! All their fabulous food is home-made & served all day & night. Many choices including: vegetarian specialties, steak with different sauces etc, roast pork, salmon & pesto etc. **Reasonable prices.** Plenty of parking. **Visit them first!** Tel. 282 087 707.

PONTO DE ENCONTRO RESTAURANTE ㉛
Popular para Portugueses e Residentes.
Join Pedro & his wife Fatima. Portuguese & residente food here for excellent value 3 course lunch: bread / soup / fish or meat, home-made dessert & coffee €7! English breakfast, potato bake smothered with mozzarella topping, vegetarian option, cataplana, squid kebabs, grilled fresh fish & meat, mixed kebab with peanut sauce, lamb chops with mint sauce etc. Home-made pizza. Kids menu. Open all day 9am-midnight, Sun. dinner only. **Takeaway.** Ideal for birthdays/weddings etc. Tel. 282 183 362 or 915 653 249.

TROPICAL HELDERS BAR-Snack ㉜
Café, comida e snacks portugueses e ingleses.
Great place for families to relax, see match, play pool (separate room), internet/printer. Huge terrace to sit in the sun. **All day English breakfast, KING of bacon & egg toastie, snacks etc.** Sky Sports, ESPN, 4 Large Screens. Very friendly, very reasonable. 9:30am-11pm. Between Rocha Brava & Centianes Beach. www.helders-tropical.eu

FORMERLY PRIMAVERA ㉝
Chef Andre e Tina convidam-vo para juntarem-se a eles em seu novo Restaurante / Café a abrir na Primavera de 2010.
Primavera war, für uns, gestem! Tina und Andre laden Sie recht herzlich ein, in unserem neuen Restaurant & Café zu sein. An neuem Platz, mit neuem Konzept, guter Küche und netten Ambiente hoffen wir, Sie ab Frühsommer 2010 wieder begrüßen zu dürfen.
Chef Andre & Tina invite you to join them in their NEW Café & Restaurant. Exciting new concept, wonderful food & atmosphere. Opening late spring 2010.

HAVING A PARTY, WEDDING, AN EVENT?
Uma festa? Um casamento? Um evento?
THE SOUND CO provides all your needs: Sound, Lights, Singer, DJ, Karaoke etc. All types of events. **Top quality equipment, professional service.** Tel. 969 031 257 or 919 604 121. thesoundco@sapo.pt

SUPER SAUDE Super Health ㉞
Tudo para a saúde.
Just like 'BOOTS'! Sell all medications not subject to prescriptions. All natural health, Orthopaedics, Cosmetics & Dermatologic Products etc. **Health Tests.** Daily: 9 am to 10pm. Tel. 282 343 377.

VALE DE MILHO RESTAURANTE ㉟
Casa do campo discreta c/terraços, belas paisagens e parque p/ crianças. Jardins. Excelente gastronomia.
Secluded country villa, with lovely views, beautiful terraces, very good food, kids' playground, gardens & parking. **Makes a great evening out.** 5 mins. from town. **Ideal place for parties, food cooked on the wood oven to order.** Open 11am-midnight. Tel. 282 358 137. Abgelegene Villa auf dem Land, herrlicher Ausblick, schöne Terrassen, ausgezeichnete Speisen, Kinderspielplatz. Gärten. Reopens April.

BEAUTY SALON CORPO E ALMA Body & Soul ㊱
Fantástico tratamento, manicure, pedicure e massagem por €75.
Annemarie & Elke invite you to enjoy: full body massage, manicure, pedicure, nail extensions, Reiki, etc. **New Botox technique. Special offers: Top to Toe Programme!** Manicure, pedicure, facial, back & neck massage for €75. Treatments inc. use of indoor pool, sauna & little gym. **Please call in advance for your appointment.** Tel. 916 586 797. In Hotel Tivoli Almoço, by the indoor pool. E & D spoken. Highly recommended by Freemaps.

"TASTE" WINE & FOOD "TASTE"
Desperse seu paladar neste cativante esconderijo mediterrânico.
Awake your taste in this captivating Mediterranean hideaway. Vibrant purple & green colouring on the enchanting outdoor terrace! 65 choices: vegetarian dishes, tapas, tantalizing BBQ meat & fish. Market fresh, quality ingredients. Clams in white wine garlic & piri piri, spring rolls, seafood, chicken wraps, meatballs, fresh figs with goats cheese, stir fried vegetables. A changing choice of 5 different wines by glass & champagne by the glass! **Taste the difference!** A great way to savour the company of friends! **Live music every Wed!** Lunch Tues.- Sun. 11am-2pm, dinner 5-11pm. Bar 11-2am. Available for private parties. Tel. 282 085 740 or 910 342 082.

GO AND GET FIT! Nunca é tarde para começar!
It's Never Too Late To Start!
Dance Aerobics: low impact on joints - fat burning - fun! Thurs 10:30-11:30. **Tone, Stretch & Relaxation:** increase flexibility - tone muscles - improve core strength. Thurs 11:30-12:30. **€7 Per class or €25 Per month paid in advance.** Classes with Mandy. Tel. 919 604 121 or malex@another.com