

SANTOLA, The Spider Crab - Est. 1968
 You must try this restaurant. Built right on the edge of cliff overhanging the ocean, all window tables have a spectacular sea view. Recommended by the best guide books. Top Quality Steaks grilled in front & only the freshest fish. Everything prepared only to order from totally fresh market produce! Book to ensure a wonderful window table or on the balcony over sea. Open lunch & dinner. Open all year. Tel. 282 312 332 or 966 007 809. Opp. TOTTA bank.



HERA RESTAURANTE
 One of Armação de Pêras' great old restaurants! Very popular with both Portuguese & tourists. Watch everything in the large, spotless open kitchen. Known for the freshest fish & shellfish around! House specialities include: real Portuguese traditional dishes: monkfish rice, cataplanas, shellfish live from the aquarium, lobster, crawfish etc. Huge menu. Very nice ambience. Open midday - 11pm. Closed Thurs. From terrace great view over fisherman's beach, a stones throw away. Call to reserve especially for groups: André 282 312 770.



A GRELHA RESTAURANTE
 Very friendly, rustic style restaurant, one of the oldest in Armação de Pêra, est. 1969. Family run by Tony, wife Gisela & daughter Vanessa. They greet returning guests like family. Huge selection of fresh fish (they fill fish if you wish) & meat dishes. Delicious Portuguese Specialities: prawn Mozambique style, available only here, monkfish kebabs & meat kebabs, tomates, cataplanas etc. Open lunch & dinner 12-3 & 5:30-11pm. Tel. 282 312 245 or 282 085 458.



LOTA RESTAURANTE Tel. 282 313 503
THE MARKET RESTAURANT est. 1982
 Lovely Algarvian family: Sr. Lourenco (doesn't speak much English but he is a lovely gentleman) here everyday since 1982 & wife Maria Lucilla cooking. All her home cooking! & Portuguese wives know how to cook! Great value offer: €10 for 3 course meal: home-made soup, choice of turkey filets & mushrooms/pork chops/fish filets/home-made house dessert/drink (beer/glass wine/water) & coffee! Lourenco also has daily fresh fish, spicy fried prawns, peppered steak, cataplanas, monkfish, traditional seafood dishes for 2 etc. Even several house pizzas. Bright & sunny, windows all round! A special restaurant with heart! Closed Tues. Last restaurant on main walkway, across from fisherman's beach.



KGB FAST FOOD
 Very Good Fast Food in this friendly café! Spotless kitchen. Huge delicious Hot Dogs: with straw potatoes/sweet corn/melted cheese/drink/chips €4.50. Fully-stacked burger & drink €6. Great Sangria: €8/Litre. 12am-4am. Plus real Portuguese dishes: snails, octopus salad, prawns, clams & small squid. Closed, reopens spring 2010.



SWEET SHOP
 Pick & Mix, Hello Kitty Candy, fresh popcorn, candy floss, fake eyeballs, volcano, super straws etc. Owners, Maria is 6th generation professional circus performer, having worked in Russia, Argentina, Spain. Husband, son & daughter are fabulous acrobat, juggler & contortionist! Closed, reopens spring 2010.

All Business featured in the FREEMAPS are owner operated. There's an owner on the premises who cares that you get the very best! Welcoming you & watching over your food & service. This is what sets this publication apart, we care who's represented on the FREEMAPS, all establishments are carefully selected by us.

RESTAURANTE PIZZERIA GABY
 Many special touches, at José & Claudia's charming family run restaurant. Using only the finest, freshest ingredients. RESTAURANTE - PIZZARIA Wonderful garlic pizza bread drizzled with olive oil. Huge salads, real home-made pizzas including vegetarian, pizza Algarve, with silvered almonds. Pastas: tagliatelle with 4 cheeses etc. Selection of steaks with sauces & home-made hamburgers. They serve a simple pizza simply, the way it's meant to be. A very good selection of Portuguese regional wines. Guinness. Very reasonable prices. You 'Sentes-te Bem', Portuguese meaning 'You Feel wonderful'! Sunny terrace & warm inside! Don't leave them until the end! TAKEAWAY. Tel. 282 314 595.

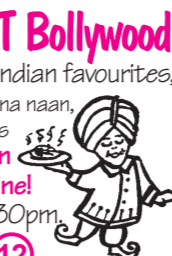


THE "SEA WOLVES"
 The fishermen who spend most of their time on the rough sea bringing in their catch, are called the "Sea Wolves". Sometimes going out on the tuna boats for a week at a time, or just going out on the small boats every night, leaving early in the evening & coming in to the beach in the morning. Depending on the season & weather there are still 60 fishermen & small boats working on Armação de Pêra beach. It's fascinating to watch the fishermen coming in with their catch on Fisherman's beach in the morning. Well worth a stroll down to watch the boats unloading after a night at sea.

O GRELHADOR RESTAURANTE
 José welcomes families, tourists & locals alike to one of the oldest restaurants in the area. Here you find an extensive selection of fresh fish & their famous kebab options: lamb, pork, mixed meat, fillet with bacon, prawns & squid. Watch your dinner being BBQ'd right in front of you! Great sauces: pir-pin, garlic & wine etc. All served with an amazing choice of fresh veg. This locale haunts is a must day or night. The lunch menu & daily dishes start from as little as €3.50! Omelettes, salads, pastas, tropical salad, Portuguese steak, ribs etc. Very reasonable prices & spotless washrooms. Very popular with Portuguese, bookings advised. Tel. 282 313 995. Closes 5th Jan. reopens 5th Feb. 2010.



INDIAN TANDOORI RESTAURANT Bollywood
 Craving a Curry Night? Choose from any of your Indian favourites, done right! Tandoori, curry, kebabs, biryani, massala, bhunna naan, roti, etc. Ask for any level of hotness you wish. Special prices for groups. Mention Freemaps for 10% discount on Takeaway orders over €30, or a bottle house wine! Sport TV, AC & Terrace. 7 days 11am-3 & 5:30-11:30pm. For reservations call: Sunny 282 313 765. Delivery in Armação de Pêra. Indian_bollywood@clix.pt



INTERNATIONAL SAND SCULPTURE FESTIVAL
 Reopens 2010. www.FIESA.org

LAGOS MOBILITY & AIRPORT TRANSFERS
 Electric 4 wheel scooter rentals & minibus transfers. Tel. Dave/Geraldine (+351) 282 768 731 / 914 655 179. Extremely competitive prices! 100% legal! dave@algarve-365.com www.lagosmobility.com

L' OASIS PIZZERIA ITALIANA
 Nothing better than Italian food cooked by real Italians! Watch fabulous pizzas cooked in oven in front of you plus home-made lasagnes, cannelloni, salads etc. & Italian ice creams. Heavenly tiramisu & pana cotil Owner Giovanni learnt pizza creations in Italy! These pizzas are beyond belief. All with the charming service of Giovanni! Absolutely wonderful. Open 11am - 3pm & 6 - 11pm, closed Tues. Look for large sign. They speak German. Takeaway. Tel. 282 312 869 or 962 785 898. Closed 15th Dec - 15th Jan. 2010.



HAVANA BAR
 Get your groove on in this eclectic dance & karaoke bar! The music is always pumping, whether played live, sang karaoke style, or spun by a rockin' DJ. The friendly atmosphere is intoxicating, you'll overcome your nerves & find yourself belting out your favourite tune on stage! When you're not dancing or singing, try a delicious caipirinha, daiquiri, mojito, or another fabulous cocktail! Located right in downtown Armação de Pêra. 7pm - 4am. Tel. 282 313 546.



CHARROBINHA Restaurant/Pizzeira/Snack Bar
 If your looking for dinner, pizza or just a delicious ice cream then this is the place! Mafalda helps you choose from her huge menu. Delicious food, beautifully presented. Full English breakfast. Lunch time special from €7.50. Light snacks served all day. A romantic evening setting. Huge menu, fresh fish (to order) cod, cataplanas, steak with 2 peppers etc. Scrumptious desserts. One of the best coffees in town! Open 9am-10:30pm, closed Tues. Tel. 914 392 756. TAKEAWAY. Closed, reopens spring 2010.



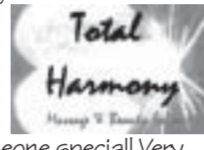
NEW TAJ MAHAL - Indian Tandoori Restaurant
 Very experienced Indian chefs, left exclusive restaurant in nearby Hotel to open their own restaurant! Sunny welcomes you to the new happy orange & yellow restaurant. Brother Bindi cooks delectable North Indian cuisine. Lunch special: main dish, nan bread & rice €8.50! Cooked to delicious perfection: mild to hot. Many vegetarian dishes. If this is your night for curry you'll love: garlic chilli chicken, murgmalai kebab, lamb rogan goshit etc. Kids' menu. Reasonable prices. Sport TV. AC. Open daily: lunch 12:30 - 3pm, dinner 6 - 11:30pm. Tel. 282 312 902. Find the Taj Mahal between Espirito Santo bank & Rosamar. Takeaway 10% discount show Freemap.



BRASSERIE ROSAL
 Nico & Andi fazem da Brasserie Rosal um paraíso para apreciadores do boa comida. Nico & Andi make Brasserie Rosal a must for everyone who likes excellent food. Cuisine & attention to detail outstanding. Exclusive set choice menu plus à la carte & daily specialities. Advanced booking essential. Open: November - March; Mon. to Sat. evenings only. Tel. 282 343 250 or 939 000 854. brasserie-rosal@webde Christmas Day Brunch & New Years Eve menu, advanced booking essential. Directions: West on N125, direction Portimão: U-turn at International School entrance, then right at lights, sign posted 'Benagil', drive 2.5 km, turn right on first paved road, (Vale de Lel) follow signs 'Brasserie Rosal'.



TOTAL HARMONY Massage & Beauty Salon
 Stunning location in the Hotel Garbe. Fully qualified English beauty therapist Chloe offers fantastic combination packages: manicure & pedicure €27. Aroma foot massage, nail tidy & repair €10; hot stones back massage €25. Non surgical mini face lift €45. Massage, facials, tooth gems, eyebrow & lash tints, Holi ear candles & holistic treatments. REIKI. Truly wonderful, makes you feel 100% relaxed. Not just a treatment but a personalised one to one! Treat yourself or someone special! Very friendly. Tel. Chloe 964 874 370 or Hotel Garbe 289 320 260; ask for Total Harmony. Walk in clients welcome, appt recommended.



JIMMY'S CAFÉ & SNACK BAR
 A local favourite! Many people go out of their way to eat here & so should you! He serves 'full of flavour' food at really low prices! A large glass of freshly squeezed orange juice for €1.80! Perfect for breakfast, lunch or just a snack! English breakfasts, salads, toasties, burgers & more. Near Market & post office.



PORTERS RESTAURANT
 Spacious very relaxing restaurant. International menu offers very good kebabs, vegetarian curries, fresh fish daily, stone steaks etc. Plus delicious home-made desserts. Excellent value 3 course dinner: choice of 4 starters, 6 main courses, any dessert, carafe of wine & coffee for €11.50, from Jan. - 31st May 2010. Kids' menu. Comfortable separate bar, superb cocktails, special coffees! Open 6-10:30pm, closed Sun. Reasonable Prices. Terrace. Bookings: James 282 314 720 or 966 109 062.



WATERDOG PUB
 Armação de Pêras' real pub! Home-made: steak & Guinness, chicken & leak pie, curries, burgers, veggie dishes etc. Full English breakfast. Fri. fish & chips. Sun. roast. Stowford Press Cider, Guinness, Worthingtons & Carling on draught. Sky Sports! Sunny seaview terrace. "Charlie's a total gentleman. Everyone returns to this pub!" Open all day. Opposite Garbe Hotel.



LORENZO'S 'TRATTORIA & PIZZERIA' RESTAURANTE
 Lorenzo, is passionate about food. And Passion makes all the difference! A real Italian chef, absolutely everything is home-made, as it should be: lasagnes, tagliatelle, cannelloni with home-made pasta, pizza bases etc. Plus full menu, crepes with spinach & Gorgonzola, roast prawns in garlic, saltimbocca alla Romana (filet), pepper steak (filet), escalope Lorenzo, tiramisu etc. Open Kitchen. Clients always return. Open Lunch & Dinner: Terrace. Takeaway. Bookings: 282 312 278. Closed, reopens spring 2010.

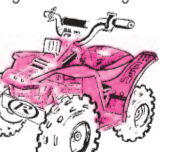


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VALE DE MILHO GOLF - Carvoeiro
 BEST VALUE GOLF IN THE ALGARVE
 "Best designed Algarve par 3 layout" - Greg Turner "Top Holiday Golf Course" - Doring Kindersley
 Designed by Dave Thomas to challenge all golfers
 Beginners welcome - Equipment for hire - Lessons available.
 NO HANDICAP REQUIRED
 GREEN FEE SPECIAL PROMOTION - 1st Nov - 31st May
 Show This Freemap: 9 holes €20 - 18 holes €30
 With club hire 9 holes €32.50 - 18 holes €47.50
 With breakfast or lunch: 9 holes €28.50 - 18 holes €39.00
 With breakfast or lunch & club hire: 9 holes €40.50 - 18 holes €57.50
 TWILIGHT PROMOTION Unlimited Golf
 €25 - With club hire €40
 November to March after 2:30pm - April to May after 3:30pm
 FREE PICK-UPSI - Call 282 358 502 to book
 From Carvoeiro & Ferragudo area. Subject to availability, book one day in advance. No service at weekends.
 Spacious Clubhouse, Restaurant & Bar. Open all day.
 valedemilhogolf@mail.telepac.pt www.valedemilhogolf.com
 Tel. 282 358 502 - Fax. 282 358 497
 Mobile 919 816 560 GPS location: N37.09663° W8.44837°

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 CS MORGADO GOLF 282 402 150
 CS ALAMOS GOLF 282 402 150
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 bookings@golfdomorgado.com
 Nov. 09 - 30% Green Fee Discount With Free Buggy (2 people sharing - subject to availability)
 Dec. 09 - Jan. 2010 - 2 players with buggy €99
 Dec. 09 & Jan. 2010 - Twilight after 1pm €30 with trolley
 Call or email to book: Must Mention Freemaps!
 Call or email for offers after this time.



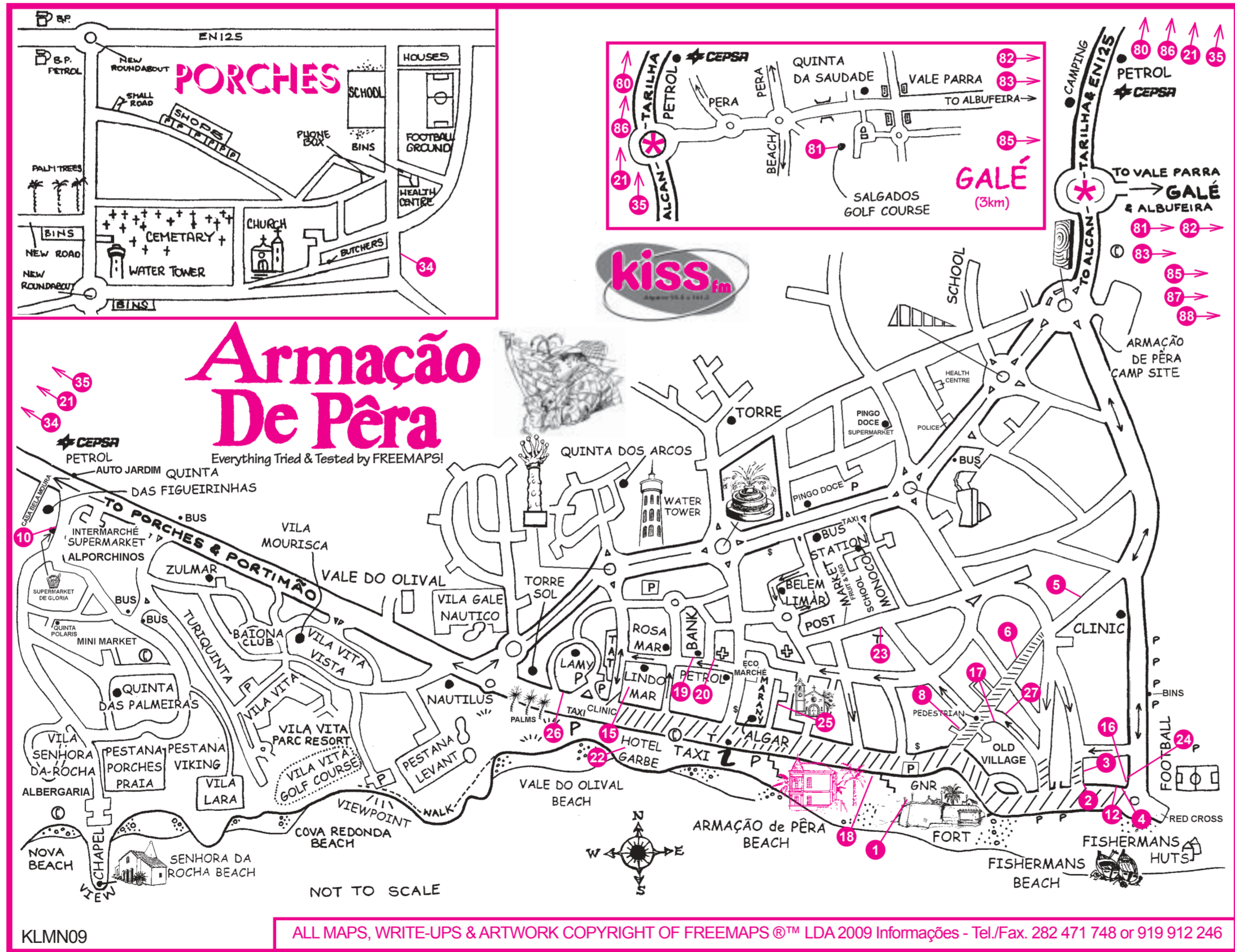
QUAD BIKING
 QUAD BIKE OFF - ROAD GUIDED TOURS & RENTAL.
 "One of our all time best days in B Algarve trips", Simon & Ken, Canada. "A brilliant day out", Kristie, London. A Guided tour on a quad bike through the Algarve countryside. Fancy an adventure? Bonding day with family & friends? Algarve's most stunning countryside scenery as you've never see it! Trips from family adventure days to adrenaline pumping advance level. At Credit crunch prices! Special Trips for 'over 50's & Ladies Day out!' Rent a quad bike for just a few hours or days! Driver's License B is required. No experience needed. "Angel Pilot", Zona Industrial do Fátelo, Lote 2, Farchal, Lagoa. Directions: Ben (+351) 917 999 810. P/GB/F/E. www.prorent-algarve.com info@prorent-algarve.com Angel Pilot holds: World, European & Portuguese Championships Jet Ski Cups!



THE VILLAGE INN Tel. 282 412 036.
 In Mexilhoeira da Carregação, 7 min from Carvoeiro. Kathleen's Village Inn is A MUST, a little gem. A bit out of your way but well worth it. for the lovely ambience, (each table decorated differently) & delicious food. "Dine around the cosy log fire" try baked Gamembert, stuffed mushrooms, ginger lime prawns, Persian spiced lamb, home-made steak & kidney pie, liver & onions sautéed in Madeira wine. Vegetarian dishes. Branch snap baskets. Open 6:30pm. Closed Sun. & Mon. "Diners say "Wish we found this restaurant at the beginning of our holiday". Delicious 3 course menu only €15! Have a walk around the lovely village. Reasonable prices. Booking advised! At Lagoa take Ent125 towards Portimão for 4km, turn right at Farchal / Estombar turn off, then left at roundabout, 3/4km through village, follow road round to left, look for 2 large palm trees on right, yellow building. Closes 1st week of Dec. Open for 2nd week of Dec. then closed until Feb. 2010.



FI-LINE FASHIONS Tel. 914 538 888 FLine@Sapo.pt
 Moda para senhora de qualidade, nesta acolhedora loja. Quality ladies fashion from European Designers in this small friendly shop. Selection of smart, casual separates, & unusual accessories. Also flattering clothes for the fuller figure. Very reasonably priced. Feel free to browse. Women say: "Finding your shop has made my holiday!" Alteration service. Sizes 12-22 (38-50). Mon.-Fri. 10-1 & 3-6pm. Sat. 10-1pm. Fashion to fit your lifestyle!



KLMN09

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RESTAURANT LOBO DO MAR - SEA WOLF
 Few places serve small Portuguese 'Petiscos' or Tapas! Including mackerel marinated in lemon, local clams, mussels, cockles, octopus salad, sardines. All day 10:30am to 10:30pm! Carlos & wife Paula, run this very local restaurant, not dressed up for the tourists. Exquisite photos of local fishermen adorn the walls. Also traditional fresh fish, seafood dishes, seafood rice etc. The place to eat at local prices, eat as much or as little as you want. Join Carlos for real local, friendly hospitality. It is named 'the sea wolf', after the local fishermen, who spend more time out on the rough sea than at their homes. Tel. 969 042 810.



THE OLDE TAVERN Tel. 910 810 999
 Must visit: Fran from Scotland (previously of the Robin Hood) & Pat from the Waterdog, in one of the friendliest English style pubs, with a difference! Football Free Zone! They serve generous portions of wholesome comfort food & snacks: Veg lasagna, Jacket potatoes, steak & ale pie, braised sausage & onions, fish cakes & sweet chilli dip etc. Reception buister prices! Daily specials & children's portions. Draught: Magners, Guinness, Caffrey, Calix background music, book swap, games & daily papers. Sunny Terrace. You'll never want to leave! Open daily noon-late. Starting Dec. quiz & bingo every Wed. Xmas Eve mulled wine, mince pies, kitchen open as usual. Party night: New Years Eve.



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 "Hospital Particular do Algarve"
 24 HOUR EMERGENCY 282 420 400 Private Ambulance Service. Open to all. English speaking doctors & nurses. Full hospital services, most major specialities. Scans & X-rays. Cardiology department, diagnostic & treatment of cardiovascular disease. Urology department. Neurophysiological Studies & Respiratory Function Centres. They work directly with most major health insurance companies. Tel. 282 420 400, Fax. 282 420 404. Estrada do Alvor. www.hpa.org OPENING SOON: FARO HOSPITAL Tel. 707 282 828. Most major specialities & 24 hr. Emergency Services. Gambelas, near Faro Airport.



PORCHES VILLAGE
 A tiny village 3k. west of Armação de Pêra, this restaurant makes the trip well worth while. Follow restaurant signs from Porches water tower or easy & not expensive by taxi.

PORCHES VELHO RESTAURANT
 A converted 19th century winery, this gorgeous restaurant will delight the senses! Lovely terrace with great view to the sea & mountains. Relax & enjoy stunning Portuguese & international dishes that will satisfy lovers of fine cuisine. Specialities inc: fish soup, smoked swordfish, rabbit cataplana, fillet of Iberian black pork, oven-baked cod, fresh fish, etc. Outstanding regional desserts. Visit once & you'll be thinking about when you can return! Service for weddings, baptisms, birthdays etc. Fado Fri. nights. Open 6:30 - 10:30pm, closed Sun. Reservations: 282 318 692 or 919 255 992. www.porches-velho.com restaurantporchesvelho@portugallmail.pt



LAGOA
CHRISSEY'S RESTAURANT Lagoa
 A very special restaurant serving generous portions of delicious, picture perfect, mouth watering meals. Located in a very tastefully decorated 19th century building in central Lagoa. The meals are so beautiful, many diners actually take pictures of them! Dishes include mushrooms stuffed with goat cheese, gratinee artichokes, chicken livers with goose livers, Belgian fillet with pepper, lamb with honey mint, sole with asparagus etc. Plus a weekly changing specials board. 3 courses €34, 4 courses €39, starter & dessert for €25 including all wine, coffee, water & covert. Children's menu €10. Absolutely worth a visit. Open Tues. - Sat. evenings 6:30 - 9:30. Tel. 282 341 062. From A de Pêra take 125 towards Portimão, about 3.5 k. After Shoe Water, bear to right (just after lights). Taking middle road (with Tranquilidade on your left) into Lagoa. Go 800m. Chrissey is directly opposite Pharmacy Maceta, by Market.



ALBUFEIRA & MONTECHORO
TATTOO & PIERCING STUDIO - Albufeira
 Chef de Tattoo has moved to a new shop! Award winning artist Sjeif takes time for all his outstanding tattoo artwork. Albufeira's well known Dutch tattoo studio is absolutely 100% hospital clean. Yvonne makes professional total body piercings. Beautiful air-conditioned shop, tattoo photo gallery, exclusive piercings sales. Call for directions: 913 213 718. www.chefdetattoo.nl



ALBUFEIRA RIDING CENTRE - Vale Navio
 FUN beach rides, countryside rides, for all the family. Experienced or beginners. Collection available. Hates provided. B.H.S. qualified staff. Bookings advised. The resort is closed but the riding centre is open!! Directions: Georgie 289 542 870.



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CERRO GRANDE RESTAURANTE
 A fresh Mediterranean restaurant offering something different! Owners Janette & George's international background ensures great dining here! EVERYTHING home-made, only the freshest ingredients. Delicious bread, pasta & pizza. Lunch special fantastic value €5.50 - €7 Menu inc. veg. antipasti, spinach ravioli, tagliatelle with prawns & pesto, free range chicken stuffed with Fama ham, saffron risotto & green asparagus, rib eye steak, baked king prawns, herb crusted salmon fillet on green organic asparagus risotto plus more. Absolutely delicious desserts, home-made ice cream etc. Great Portuguese wines. Children's portions. Definitely worth finding. Bookings: seaview, noon-3pm Mon. - Fri. & 7pm-midnight everyday. Bookings: 289 514 787. Free Parking. From Dolpin roundabout go straight over. Take right at traffic lights then follow road to right look for Aisepur supermarket, Cerro Grande Complex above.

